



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
MASTER OF ARTS IN MARRIAGE AND FAMILY THERAPY**

SEPTEMBER-DECEMBER 2019

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: MCA602

COURSE TITLE: TREATMENT AND EXPRESSIVE THERAPY

EXAM DATE: MONDAY 9TH DECEMBER 2019

DURATION: 3 HOURS

TIME: 9:00AM-11:00AM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- *Write clearly and legibly.*
- This Exam has TWO SECTIONS
- SECTION A is Compulsory.
- Answer **TWO** questions in **SECTION B**
- *ALL PAC University's examination rules and regulations apply*

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1. a) Discuss five (5) reasons why expressive therapies are more effective in helping clients to address underlying issues compared to traditional therapy. (10 Marks)

b) Describe how you would use the “Anger Balloon” in helping a client who has problems with anger management. (10 Marks)

c) Critically analyze five (5) roles of photography in therapy. (10 Marks)

d) Explain in details five (5) goals of psycho-education in marriage and family therapy. (10 Marks)

SECTION B: ANSWER ANY THREE (60 MARKS)

2. a) Using illustrations, discuss how you would use the “heart drawing” in therapy to help a child who is looking traumatized. (10 Marks)

b) Demonstrate how you would use the “feeling faces” in child therapy (10 Marks)

3. a) A Youth Pastor in your church has identified some youth with emotional distress and has approached you to do an intervention. Describe in details how you would use collage in helping the youth to express their feelings about their life experiences. (10 Marks)

b) Articulate how you would use bibliotherapy in helping a child who is going through loss and grief (10 Marks)

4. a) Discuss in details what happens during filial therapy at home between the parent and the child client. (10 Marks)

b) Evaluate five (5) benefits of filial therapy on children. (10 Marks)

5. a) Discuss five (5) ethical issues in art and expressive therapies. (10 Marks)

b) Critically analyze five (5) reasons why music is an important component of expressive therapy. (10 Marks)