



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

END OF SEMESTER EXAMINATION FOR THE DEGREE OF

BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY

MAY-AUGUST 2019

CAMPUS: ROYSAMBU

DEPARTMENT: COUNSELLING PSYCHOLOGY

COURSE CODE: COU4312

COURSE TITLE: PSYCHOLOGY OF ADOLESCENCE

EXAM DATE: TUESDAY 13th AUGUST 2019

DURATION: 2 HOURS

TIME: 1:00PM-3:00PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- *Write clearly and legibly.*
- This Exam has **TWO** Sections
- SECTION **A** is **COMPULSORY**.
- Answer **TWO** questions in **SECTION B**
- *ALL PAC University's examination rules and regulations apply*

SECTION A: This section has ONE question which is compulsory. (Carries 40 marks.)

1. Identity development is a major psychosocial task of adolescence. In relation to successful development:
 - a) Discuss the significance of three salient developmental tasks towards adulthood.
(6marks)
 - b) Describe how important the following are in this developmental process
 - i) Family support
 - ii) Participation in roles in the community (2marks each)
 - c) Briefly discuss how each of the four area listed below, described by Loevinger as locality for ego maturation in personal development, contribute to the overall ego strength or wellbeing.
 - i) Character development
 - ii) Cognitive functioning
 - iii) Personal and Interpersonal awareness
 - iv) Conscious preoccupations (3 marks each)
 - d) A person's ego may mature or fail to mature. Contrast between the characteristics of a mature ego and an immature one. (18marks)

SECTION B: Attempt any TWO (2) questions in this section. (Each carries 20 marks).

2. Peer orientation is a phenomenon noticeable in our society today;
 - a) Describe how failure of attachment creates peer orientation. (6marks)
 - b) Discuss how peer orientation affects the adolescent relationship to parents. (5marks)
 - c) Identify four negative social effects of peer orientation on the adolescent. (4marks)
 - d) Briefly explain how a parent can restore relationship with a peer oriented adolescent. (5marks)
3. Morality is an important part of humanity. Moral development is one of the assignments of growing up.
 - a) Identify the three components of morality (3 marks)
 - b) Show how the exhortation in Scriptures, "Train up a child in the way he should go and when he is old he will not depart from it" agrees with moral sensibilities. (5 marks)
 - c) Discuss four (4) key things that will determine the decision a person will make in a moral situation/dilemma. (12marks)
4. The environmental systems are credited as being deeply involved in human development.
 - a) Illustrate briefly three negative behavioral traits the Kenyan society is predisposing their adolescents to. (6marks)
 - b) Show how Kenya can protect the adolescents from the traits you mentioned above. (5marks)
 - c) Discuss how the social structure in Kenya enhances the effect of oxytocin to be a platform for adolescent women's vulnerability to abuse and depression. (5marks)
5. Mtego is concerned that his adolescent son may be having a psychological problem. He has brought him for your evaluation.
 - a) State any five (5) symptoms you would seek to explore in order to clarify if he has or has no problem (5 marks)
 - b) Research shows that Kenyan adolescents are prone to depression and suicidal ideation. Discuss the risk factors that are involved in sustaining this negative situation among adolescents. (5 marks)

- c) Explain how you would help Mtego's son through the recovery process once you have diagnosed that he is struggling with depression? (10 marks)