



**PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE BACHELOR OF ARTS IN
COUNSELING PSYCHOLOGY
SEPTEMBER- DECEMBER 2024**

CAMPUS: ONLINE

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU3323

COURSE TITLE: MULTICULTURAL COUNSELING

EXAM DATE:

TIME:

INSTRUCTIONS

- Read all questions carefully before answering.
- Write your **student number** on the space provided.
- Answer **ALL** questions in **Section A** and **ANY** other **TWO** from **Section B**

SECTION A – Answer all Questions (20 marks)

QUESTION ONE

a). Describe the following terms as used in multiculturalism and give an appropriate example for each:

- a) Multicultural Counseling. (2 marks)
- b) World view. (2 marks)
- c) Diversity. (2 marks)
- d) Multicultural Competence. (2 marks)

b) Examine two reasons why multicultural competence is valuable to a counselor. (4 marks)

c). Discuss the concept of microaggression and how you will address it as a Christian Counselor. (2 marks)

d). Giving a relevant example for each, analyze any three aspects of the Respectful Model (6 marks)

SECTION B: Answer any two questions (20 Marks)

QUESTION TWO

Brian, a recent graduate in counselling psychology from Kwale County, has been deployed in Nairobi.

- i) Discuss principles of multicultural counseling that Brian needs to keep in mind as he serves diverse clients. (4 marks)
- ii) Articulate three diversity issues that Brian may encounter within the course of his interaction with clients. (6 marks)

QUESTION THREE

- i) “*A counselor is not without values*”, describe your understanding of this statement in the context of multicultural counseling (4 marks)
- ii) Discuss how you would apply any three ethical guidelines, as you work with diverse clients. (6 marks)

QUESTION FOUR

Natalie a 16-year-old girl has been referred to therapy by her class teacher. On your first interaction with the client you notice that she is reluctant to open up. She is outrightly resistant to counseling.

- i) Describe any two characteristics that Natalie might exhibit in therapy (4 marks)
- ii) Articulate how you would apply any three multicultural counseling skills to help Natalie with her issues. (6 marks)

QUESTION FIVE

Giving a relevant example for each, demonstrate how you would apply the following multicultural competencies in counseling:

- a) Attitudes and Beliefs. (2 marks)
- b) Cultural humility. (2 marks)
- c) Knowledge. (2 marks)
- d) Diversity. (2 marks)
- e) Skills. (2 marks)