



PAN AFRICA CHRISTIAN UNIVERSITY

END OF TERM EXAMINATION (SEPT-DEC 2021)

CAMPUS: ONLINE

DEPARTMENT: COUNSELING PSYCHOLOGY

COURSE CODE: 2321

COURSE TITLE: LOSS AND GRIEF

DATE: Tue 21st Dec 2021

TIME: 11-2 pm

INSTRUCTIONS

- **Read all questions carefully before attempting.**
- **Section A is Compulsory**
- **Answer any TWO questions in Section B**

SECTION A (COMPULSORY)

Question one

- a) Using examples, distinguish grief from bereavement (5 marks)
- b) Identify any three grieving thoughts (3 marks)
- c) Distinguish instrumental from intuitive grieving (4 marks)
- d) Explain in two ways why pain is a necessary part of the healing process during loss and grief (4 marks)
- e) Describe any two tasks of grieving according to Dr. Worden (4 marks)

SECTION B Answer any two questions

Question two

- a) Explain any three of Rando six R processes of mourning (6 marks)
- b) Discuss any two intervention strategies you can employ while counseling a loss and grief client. (4 Marks)

Question three

- a) Account for any two factors that determines the duration of grief(6 marks)
- b) Explain any two signs of complicated grief (4 marks)

Question four

- a) Explain the meaning of disenfranchised grief (2 marks)
- b) Describe any four factors that may lead to disenfranchised grief (8 marks)

Question five

- a) Differentiate grief from depression (4 marks)
- b) Discuss any three factors that influence grief reactions in children (6 marks)