



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY
JANUARY-APRIL 2019 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU3213

COURSE TITLE: MARRIAGE AND FAMILY THERAPY THEORIES

EXAM DATE: WEDNESDAY 10th APRIL 2019

DURATION: 3 HOURS

TIME: 2:00PM-5:00PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- *Write clearly and legibly.*
- Answer **ALL** Questions in **Section A** and any other **TWO** questions from **Section B**
- *ALL PAC University's examination rules and regulations apply*

Section A: Compulsory

QUESTION ONE

- a) Define the following terms:
- Nuclear family (2 marks)
 - Individuation (2 marks)
 - Disengagement (2 marks)
- b) Distinguish between family systems theory and individual theories (4 marks)
- c) Identify the four ways Satir said people communicate (4 marks)
- d) Critic Whitaker and Keith's (1981) view that there is no such a thing as marriage but only two scapegoats coming together to perpetuate their families (6 marks)
- e) Explain in two points the existential view of family theory on the source of family pathology (4 marks)
- f) Circumplex Model of family systems places emphasis on three dimensions. Describe any two (6 marks)
- g) *Family systems approach assumes that an individual family member's behavior affects the whole. In view of this, assume the family of the prodigal son in Luke 15 is your client and hypothesize the pathology brought to the family by behavior of:*
- The young son (5 marks)
 - The older son (5 marks)

Section B: Answer ANY three questions (60 marks)

QUESTION TWO

- a) Discuss two treatment goals of the Beavers Systems model (4 marks)
- b) Distinguish between assessment and conceptualization of clients (4 marks)
- c) Discuss three ways Satir (1972) views a family as a place of sharing experiences (6 marks)
- d) Briefly discuss three dimensions of Circumplex model of marital and family dynamics (6 marks)
- e) Distinguish between process and content (4 marks)

- f) Describe any three ways communication is assessed using McMaster approach to families theory
(6 marks)

QUESTION THREE

- a) Outline the four goals of family therapy using Circumplex approach (4 marks)
- b) Describe any three characters found in the Beaver's model of optimal grouping
(6 marks)
- c) Outline two ways theories provide pertinent road maps into a client's life (4 marks)
- d) Explain two significances of setting boundaries in a therapeutic alliance (4 marks)
- e) Briefly discuss any three concepts Structural Family Theory is concerned with
(6 marks)
- f) Explain three ways McMaster's approach to families theory controls behavior
(6 marks)

QUESTION FOUR

- a) Explain in two points the view that centripetal families turn inward in times of stress
(4 marks)
- b) Outline two reasons people are unable to set boundaries (4 marks)
- c) Discuss three ways Bowlby (1988) states that attachment occurs in all developmental stages including adulthood (6 marks)
- d) Identify and discuss any three of Circumplex model family types (6 marks)
- e) Differentiate between client presenting problem and actual diagnosis (4 marks)
- f) Describe in three points the significance of well-defined roles to optimal family functioning
(6 marks)

