



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

END OF SEMESTER EXAMINATION FOR THE DEGREE OF

MASTER OF ARTS IN MARRIAGE & FAMILY THERAPY

MAY-AUGUST 2019 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: COUNSELLING PSYCHOLOGY

COURSE CODE: MCA602

COURSE TITLE: TREATMENT AND EXPRESSIVE THERAPIES

EXAM DATE: THURSDAY 8th AUGUST 2019

DURATION: 3 HOURS

TIME: 5:30PM-8:30PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- *Write clearly and legibly.*
- Answer **ALL** the questions in **Section A (Compulsory)** and **any THREE** questions from **Section B**
- *ALL PAC University's examination rules and regulations apply*

SECTION A: COMPULSORY (40 MARKS)

1. a) Discuss five (5) roles of expressive therapy in treatment. (10 Marks)

b) Demonstrate how you would use sculpting in family therapy. (10 Marks)

c) Citing relevant examples, analyze five (5) roles of music in therapy. (10 Marks)

d) Explain in details five (5) goals of psycho-education in marriage and family therapy. (10 Marks)

SECTION B: Answer any THREE questions (60 MARKS)

2. a) Using illustrations, discuss how you would use a “Post Card” in therapy to help a child who has been sexually abused. (10 Marks)

b) Demonstrate how you would counsel a traumatized child using the “Safe Space” drawing. (10 Marks)

3. a) You have been contracted by a local church as a therapist. You notice there is a problem of low self-esteem among the youth. Discuss how you would design a psycho-education program to address this problem. (10 Marks)

b) Critically analyze sand tray therapy and its role in helping clients to tell their story and to express their feelings. (10 Marks)

4. a) Discuss in details what happens during filial therapy at home between the parent and the child client. (10 Marks)

b) Evaluate five (5) benefits of filial therapy on children. (10 Marks)

5. a) Discuss five (5) ethical issues in art and expressive therapies. (10 Marks)

c) Critically analyze five (5) reasons why psychodrama is an important component of expressive therapy. (10 Marks)