PAN AFRICA CHRISTIAN UNIVERSITY

END OF UNIT EXAMINATION FOR THE DEGREE OF

SCHOOL OF THEOLOGY & BIBLICAL STUDIES

MAY-AUGUST 2025/2026

MODE OF STUDY:	**ONLINE**
UNIT TITLE:	**PRINCIPLES OF CHRISTIAN COUNSELING**
UNIT CODE:	**MDV600**
INSTRUCTOR:	**DR. PHIDEL ADAH BARAZA**
TIME ALLOWED:	**3HRS**

INSTRUCTIONS TO CANDIDATES:

- Read the instructions and questions carefully before you write the answers.
- Section A is compulsory.
- Answer any TWO questions in Section B.
- You are allowed to use the Bible.
- Once you have opened the exam you must complete within the allotted time (3 hours)
- Once you exit the exam you cannot return
- When the three-hour period elapses, the exam will automatically expire and cannot be recovered.

SECTION A: Answer ALL questions (20 Marks)

1. a) Using at least two scriptural references, critically explain why Christian counseling should be understood as a Christ-centered, biblically grounded, psychologically informed, ethically responsible, and pastorally sensitive ministry of care. (7 Marks)

   b) Analyze the relationship between theology and psychology in Christian counseling. (7 Marks)

   c) Explain three essential qualities or competencies of a Christian counselor who serves in a church or ministry context today. (6 Marks)

SECTION B: Answer ANY TWO questions (10 Marks each)

2. a) Critically evaluate how the use of undivided attention, reflection, clarification, non-verbal awareness, silence, and compassionate empathy can build trust and support healing in Christian counseling. (6 Marks)

   b) A counselee comes to a Christian counselor feeling unheard, ashamed, and emotionally overwhelmed. Propose two practical ways the counselor can respond without rushing to give advice, quote Scripture superficially, or minimize the counselee's pain. (4 Marks)

3. a) Discuss the importance of confidentiality, autonomy, beneficence, non-maleficence, justice, professional integrity, boundaries, competence, and referral in counseling practice. (6 Marks)

   b) A teenage counselee reveals a serious matter but pleads with the counselor not to tell anyone. Explain two ethical and pastoral steps the counselor should take while balancing confidentiality, safety, legal responsibility, and care for the counselee. (4 Marks)

4. a) Critically discuss the role of Christian counseling in supporting persons experiencing crisis, trauma, grief, or loss. (6 Marks)

   b) Explain two mistakes Christian counselors must avoid when counseling people experiencing trauma, grief, or deep emotional distress. (4 Marks)

5. a) Assess how Christian counseling can address communication breakdown, conflict, forgiveness, family roles, emotional wounds, developmental needs, and spiritual growth within the family system. (6 Marks)

   b) Propose two practical counseling interventions that may be used when helping a Christian couple or family experiencing persistent conflict. (4 Marks)