



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY**

SEPTEMBER-DECEMBER 2019

CAMPUS: ROYSAMBU

DEPARTMENT: COUNSELING PSYCHOLOGY

COURSE CODE: COU2321

COURSE TITLE: LOSS AND GRIEF

EXAM DATE: MONDAY 9TH DECEMBER 2019

DURATION: 2 HOURS

TIME: 2:00PM-4:00PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- *Write clearly and legibly.*
- This exam script consists of **Six (6)** questions.
- Answer **question ONE** and **Any other three (3)** questions

➤ *ALL PAC University's examination rules and regulations apply*

QUESTION ONE: COMPULSORY

- A) Explain the following terms:
- i. Grief (2 marks)
 - ii. Loss (2 marks)
- B) Differentiate in **two (2)** ways between normal and pathological grief. (4 Marks)
- C) Describe **three (3)** techniques of grief and loss counseling. (6 Marks)
- D) Discuss **three (3)** ways religious attitudes can affect the grieving process. (6marks)
- E) Explain **five (5)** stages of grief according to Kubler Ross. (10 Marks)

QUESTION TWO

- A). Describe any **two (2)** factors that affect the grieving process. (4 Marks)
- B). Discuss any **three (3)** therapeutic strategies you would employ working with a grieving family. (6 Marks)

QUESTION THREE

- A). Explain any **two (2)** other losses apart from bereavement. (4 Marks)
- B). Describe the process of grief. (6 Marks)

QUESTION FOUR

- A). Explain any **two (2)** ways of building resilience in grief recovery. (4 Marks)
- B). Describe **three (3)** phases in dying. (6 Marks)

QUESTION FIVE

- A). Discuss **two (2)** goals of grief counseling. (4 Marks)
- B). Evaluate one theory of loss and grief apart from Kubler Ross that you would use to achieve these goals. (6 Marks)

QUESTION SIX

- A). Describe any **two (2)** ways of mourning in bereavement among the elderly. (4 Marks)

B). Discuss **three (3)** ways a married couple can safeguard their marriage after the death of their child. **(6 Marks)**