



**COURSE TITLE: PREMARITAL COUNSELLING
CODE: COU 4233**

**EXAM DATE: AUGUST, 2021
DURATION: 3 HOURS
TIME:
INSTRUCTIONS**

- Read the instructions and questions carefully before you write the answers.
- Write your STUDENT NUMBER in the Answer Booklet given
- This Exam has TWO SECTIONS
- **SECTION A is Compulsory.**
- Answer **ANY TWO** questions in **SECTION B**
- *Write clearly and legibly.*

SECTION A: COMPULSORY (20 MARKS)

QUESTION ONE: Each answer must be in a paragraph format (20 Marks)

- a) Describe two characteristics of attachment injuries in a romantic relationship. (4 Marks)
- b) Analyze two benefits of creating a shared vision in a marriage relationship. (4 Marks)
- c) Explore two issues a man is likely to present during a premarital counselling session in relationship to his mother's infidelity. (4 Marks)
- d) Articulate two ways how dual earning is likely to impact marital stability. (4 Marks)
- e) Illustrate two interventions a counsellor is likely to suggest to a female counsellee in relationship to her father's addiction behaviour. (4 Marks)

SECTION B: Answer any two questions.

QUESTION TWO: Each answer must be in a paragraph format (10 Marks each)

- a) Summarize two ethical issues you are likely to confront when working with a professing Christian woman who intends to get married to an atheist. (2 Marks)
- b) Analyze in four ways the statement that, "most couples only deal with their issues in the context of events." (4 Marks)
- c) Describe two potential impacts of codependent behaviours on marital stability. (4 Marks)

QUESTION THREE:

- a) Describe in two paragraphs why Christian couples are likely to experience a lack of intimacy despite having gone through premarital counselling. (2 Marks)
- b) Explore three barriers to oneness in marital relationship. (3 Marks)
- c) Illustrate in five ways the significance of premarital counselling. (5 Marks).

QUESTION FOUR:

- a) Define in three different ways how researchers and couple therapists define infidelity. (3 Marks)
- b) Explain three reasons why it might be better to break an engagement bond than for a couple to go through a divorce. (3 Marks)
- c) Discuss two important aspects of setting boundaries in couple relationship. (4 Marks)

QUESTION FIVE:

- a) Demonstrate how female survivors of intimate partner violence experience the cycle of abuse? (2 Marks).
- b) Explore four challenges that couples from cross-cultural backgrounds are likely to experience in the course of their marital bond. (8 Marks).

Enjoy your August Holidays.