



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMAN AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY
SEPTEMBER – DECEMBER 2017

CAMPUS: VALLEY ROAD

DEPARTMENT: COUNSELING PSYCHOLOGY

COURSE CODE: COU3133

COURSE TITLE: CRISIS AND TRAUMA COUNSELING

EXAM DATE: WEDNESDAY 6th DECEMBER 2017

TIME: 5.30PM-8.30PM

INSTRUCTIONS

- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- Answer **ALL** questions in section A and any **three** questions from section B.

SECTION A: CONMPULSORY

- 1 (a) Differentiate between crisis and trauma (4 marks)
- (b) Explain child abuse under the following topics;
- (i) Emotional abuse (1 marks)
 - (ii) Child neglect (1 marks)
- (c) Discuss any two interventions you would use to help a child who is experiencing sexual abuse (4marks)
- (d) Outline three reasons why crisis interventions from biblical point of view is important (3 marks)
- (e) Describe the dynamics of a crisis (3 marks)
- (f) Explain the following types of crisis according to Lawrence Brammer's theory
- (i) Development crisis (4marks)
 - (ii) Situational crisis (4marks)
- (g) Using Chaplan's theory, explain how a crisis is formed. (6 marks)

SECTION B – ANSWER ANY 3 QUESTIONS FROM THIS SECTION

QUESTION 2

- (a) Briefly describe the five step crisis intervention model by Gilli and James (6 marks)
- (b) Explain why it is important to have an accurate assessment of a crisis before intervention (4 marks)

QUESTION 3

- (a) Differentiate between crisis intervention and disaster management (2 marks)
- (b) Describe Triage assessment system (TAS) (5 marks)
- (c) Discuss any three goals of trauma counseling (3 marks)

QUESTION 4

- (a) Briefly explain any two risk factors for suicide (4 marks)
- (b) Describe five stages of Erich Lindemann's theory of crisis interventions for a person going through grief trauma (6 marks)

QUESTION 5

- (a) Describe how the course on crisis and trauma counseling has prepared you to become an effective counselor (6 marks)
- (b) Describe how you would use interpersonal theory to help a person who has lost a job (4 marks)