



SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF PSYCHOLOGY

END OF SEMESTER EXAMINATION

FOR THE

MASTER OF ARTS IN COUNSELING PSYCHOLOGY

SEP- DEC 2024 TRIMESTER

CAMPUS: ONLINE EXAMINATION

COURSE CODE: MCP 502

COURSE TITLE: THEORIES OF PERSONALITY

EXAM DATE: (Insert the date and day)

DURATION: 3 HOURS

TIME:

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your STUDENT NUMBER in the Answer Booklet given
- This Exam has TWO SECTIONS
- SECTION A is Compulsory.
- Answer **ANY TWO** questions in **SECTION B**
- *Write clearly and legibly.*

SECTION A: Q1 COMPULSORY (20 MARKS)

Q1 a) Giving relevant examples, Explain four (4) roles of personality theories in counselling psychology. (8marks)

b) Describe three (3) roles of self in the concept of Self – Actualization process according to Abraham Maslow Theory and its impact in personality development. (6 Marks)

c) Discuss three (3) key concepts from Sigmund Freud's Theory of personality that you can apply in your counseling practice. (6 Marks)

SECTION B: ANSWER ANY TWO QUESTIONS FROM THIS SECTION

Q2.a) Critically analyze using examples three (3) personality types according to Empedocles, Galen and Hippocrates used in classifying human beings. (6 marks)

b) Explain two (2) ways in which environment shapes an individual's personality according to behavioral theory. (4 marks)

Q3.a) Discuss three (3) key concepts of identity theory of personality and their application in counseling practice. (6 Marks)

b) Explain two (2) criticism of Social Learning Theory by Albert Bandura that limit its application in counselling practice. (4 marks)

Q4. (a) Using relevant examples, give three (3) ways in which fixation can occur during the five psychosexual stages of development. (6 marks)

b) Explain two (2) ways in which Modelling can shape one's personality. (4 marks)

Q5 a) "As a man thinketh so is he" Discuss this statement in the view of Cognitive Theory and give three (3) ways in which our thoughts influence our personality. (6 marks)

b) Explain two ways in which Birth Order influence one's personality according to Alfred Adler's Individual Psychology. (4 marks)