



**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
MASTER OF ARTS IN COUNSELLING PSYCHOLOGY**

SEPTEMBER TO DECEMBER 2025 TRIMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: MCP/502

COURSE TITLE: THEORIES OF PERSONALITY

EXAM DATE:

DURATION: 3 HOURS

TIME: 6:00 PM 9:00 PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- **Answer question 1 and any other TWO questions**
- *Write clearly and legibly.*
- *ALL PAC University's examination rules and regulations apply*

SECTION A: (Compulsory) ANSWER ALL QUESTIONS 20 MARKS

QUESTION 1

- a) From what you have learnt in theories of personality, explain what these concepts are and who came up with them 2marks each=(10marks)

- i) Id
 - ii) Archetypes,
 - iii) Family constellation
 - iv) Individuation
 - v) Rationalization
- b) Compare how Adler and Jung viewed human nature (10marks)

QUESTION 2:

Karen Horney had ten neurotic needs.

- a) Explain what these neurotic needs are (5marks)
- c) As a counselor how would you help an individual who has neurotic need for perfection (5marks)

QUESTION 3:

- a) Explain the first four psychosocial theories of Erickson. (4marks)
- b) As a counselor, how would you help an individual who did not go through the fourth stage? (^marks)

QUESTION 4:

Roger's humanistic approach emerged as a "third force" in psychology

- a) Explain any 3 concepts for which Rogers is known (6marks)
- b) As a counselor how would you help a counselee who is distressed because he/she is not appreciated by others in an assignment given by a class teacher (4marks)

QUESTION 5:

- a) By use of examples differentiate between positive and negative reinforcement according to B.F. Skinner (5marks)
- b) By use of examples distinguish between intrinsic and extrinsic motivation (5marks)