



PAN AFRICA CHRISTIAN UNIVERSITY

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELING**

JANUARY-APRIL 2017

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU3313

COURSE TITLE: Spiritual Resources in Counselling

EXAM DATE: MONDAY 3rd APRIL 2017

TIME: 5.30PM – 8.30PM

INSTRUCTIONS

- This exam script has **5 questions**
- Write your **student number** on the answer booklet
- Read all questions carefully before attempting
- Indicate the questions you have answered on the cover page of the Answer Booklet
- Answer **ALL** questions in **SECTION A** and any other **TWO** from **SECTION B**

SECTION A: ANSWER ALL THE QUESTIONS IN THIS SECTION

QUESTION 1

- a.** Define the following terms used in spiritual/religious counseling. **(6 Marks)**
 - i. Spiritual life maps
 - ii. Spiritual histories
 - iii. Spiritual formation
- b.** Distinguish between religion and spirituality. **(4 Marks)**
- c.** Explain why religion is seen a resource in counseling. **(6 Marks)**
- d.** Explain the two types of counter transference. **(4 Marks)**
- e.** Identify three styles that client's use in coping and solving their problems. **(6 Marks)**
- f.** Discuss how you develop self awareness as a counselor in regard to spiritual counseling. **(4 Marks)**

SECTION B: ANSWER TWO QUESTIONS ONLY

QUESTION 2

- a.** Outline the stages of spiritual development by Fowler. **(12 Marks)**
- b.** Analyze the need of assessing the client's Faith? **(8 Marks)**

QUESTION 3

- a.** Describes four indicators of mature religious adjustment that a counselor can use in the assessment process. **(8 Marks)**
- b.** Assess the benefit of the following religious practices in counseling. **(12 Marks)**
 - i. prayer
 - ii. sacred scriptures
 - iii. forgiveness

QUESTION 4

- a.** Describe the integration approaches used to address the religious or spiritual realms in counseling. **(12 Marks)**
- b.** As a student of counseling, analyze the benefits of integrating spirituality in counseling. **(8 Marks)**

QUESTION 5

- a.** Imagine you are a supervisor. Explain how you would create a conducive environment for discussing the spirituality in counseling process. **(8 Marks)**
- b.** Demonstrate how a supervisor can use the following terms; quest, ends and means in supervision. **(4 Marks)**
- c.** Explain how you can use the RRICC Model when confronted with an ethical challenge. **(8 Marks)**