



**PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE MASTER OF ARTS IN
COUNSELING PSYCHOLOGY
SEPTEMBER- DECEMBER 2025**

CAMPUS: ONLINE
DEPARTMENT: PSYCHOLOGY
COURSE CODE: MCP 601
COURSE TITLE: CAREER COUNSELING
EXAM DATE:
TIME:

INSTRUCTIONS

- Read all questions carefully before answering.
- Write your **student number** on the space provided.
- Answer **ALL** questions in **Section A** and **ANY** other **TWO** from **Section B**

SECTION A – ANSWER ALL QUESTIONS (20 MARKS)

QUESTION ONE

A) Read the narrative below and answer the questions that follow

Philomena, a career counsellor from the Coast, has just relocated to work for a large training centre in Nairobi. The centre serves a diverse clientele including; young adults from rural areas seeking urban employment, graduates from different universities seeking internships, refugees from neighbouring countries seeking work opportunities and adult career professionals from different industries seeking retraining. Unlike her previous work station, where she only worked with high school students who had similar needs, this new work station is quite overwhelming for Philomena.

- i) Examine any two career counseling principles that might provide guidelines for Philomena in her new work station.(4 marks)
- ii) Discuss any two assumptions that Philomena is likely to make about her diverse clientele. (4marks)
- iii) Analyze any two multicultural issues that Philomena might encounter in her practice. (4 Marks)

B) Giving a relevant example for each, distinguish between the following terms.

- i) Career counseling and Mentorship.(4 marks)
- ii) Career development and career planning. (4marks)

SECTION B: ANSWER ANY TWO QUESTIONS (20 marks)

QUESTION TWO

Zach, a young man aged 18 years, has just finished high school and passed well. He wants to apply for a position at a reputable university but he is torn between; studying medicine which is his father preference, teaching which is his mother's choice, and information technology which most of his friends are applying for. The confusion brings him to therapy.

- a) Using a relevant tool for each, justify any two types of assessments you would administer on Zach. (4marks)
- b) Examine three reasons why you would consider conducting a career assessment for Zach. (6marks)

QUESTION THREE

Nadia was recently retrenched from work after many years of selfless service. This was the third time she was losing a job and she is generally discouraged. She feels like she is too old to begin looking for new employment and yet she has bills to pay. Nadia has never been to therapy and is a bit anxious.

- a) Describe any two tools you would use to gain an in-depth understanding of Nadia and her career journey in the first phase of the career counseling process. (4 marks)
- b) Discuss any three techniques you will use to work with Nadia. (6marks)

QUESTION FOUR

After your graduation at PAC University, you begin a successful practice. Word spreads quickly and before long you are receiving invitations to facilitate career counselling engagements across the life span and in different settings.

- a) Articulate any two professional issues you will need to bear in mind as you work with these groups. (4marks)
- b) Discuss any three developmental stages you are likely to work with. (6marks)

QUESTION FIVE

You have been invited to facilitate a career workshop for a group of university graduates. Illustrate how you will use the following vocational types to help them make suitable career choices

- i) The Realistic or R Types Also Known As Doers. (2marks)
- ii) The Investigative or I Types, Also Known As Thinkers. (2marks)
- iii) The Artistic or A Types, Also Known as Creatives. (2marks)
- iv) The Social Or S Types, Also Known As Helpers. (2marks)
- v) The Enterprising or E Types, Also Known as Persuaders. (2marks)

