PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

END OF SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY

MAY – AUGUST 2026 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: UCC 202

COURSE TITLE: HEALTH AND SOCIAL ISSUES

EXAM DATE:

DURATION: 3 HOURS

TIME: 6.00PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- **Answer question 1 and any other TWO questions**
- *ALL PAC University's examination rules and regulations apply*

SECTION A: COMPULSORY (20 MARKS)

Question 1

a) Explain **TWO** factors that detrmine an individual's health. (4 Marks)
b) Distinguish between preventive and protective behavior to health matters.(4 Marks)
c) Discuss **TWO** ways marriage relationships affect health. (4 Marks)
d) Examine **TWO** ways attitude affects an individual's health. (4 Marks)
e) Describe **TWO** ways stress is detremental to health. (4 Marks)

SECTION B: ANSWER ANY TWO QUESTIONS (20 MARKS)

Question 2

a) Explain **TWO** mental disorders women exposed to discrimination are likely to manifest. (4 Marks)
b) Discuss **THREE** health benefits married people experience all factors remaining constant. (6 Marks)

Question 3

a) Explain **TWO** personal determinants that affect one's health. (4 Marks)
b) Discuss **THREE** health differences in male and female gender. (6 Marks)

Question 4

a) Distinguish between nature and nurture. (4 Marks)
b) Describe in **THREE** ways low income/socioeconomic status affect health. (6 Marks)

Question 5

a) Determine **TWO** mechanisms that promote positive health. (4 Marks)
b) Describe **THREE** measures used in mitigating stress. (6 Marks)