



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

END OF SEMESTER EXAMINATION FOR THE DEGREE OF

BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY

JANUARY – APRIL 2018 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU4232

COURSE TITLE: CLINICAL SUPERVISION III

EXAM DATE: WEDNESDAY 11TH APRIL 2018

TIME: 5:30PM-7:30PM

INSTRUCTIONS

- This examination script consists of **Five (5)** questions.
- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- **Answer all the questions in Section ONE (compulsory).**
- **Answer any other TWO Questions in Section Two out of the Five provided**

SECTION A Answer all the questions (COMPULSORY)

1. a) Read the following case study and answer the questions that follows. 15MKS

Georgina is a 33 years of age, successful teacher in one of the best high schools in the city. For several months she has been feeling anxious and worried. This has interfered with her ability to concentrate. Her performance has dropped and the management has several questioned her. In addition to that she felt depressed.

- i. Outline three main therapeutic issues Georgina will present in therapy (3mks)
- ii. Explain three possible underlying factors would Georgina likely explore with the counselor. (6mks)
- iii. Illustrate three strategies or techniques that are best in treatment of her case (6mks)
 - b) i) Describe two importance of integration of practice in the counseling profession.
 - ii) Highlight three common factors in the theoretical Integration approach of counseling (3mks)
 - iii) Explain three purposes of a theoretical orientation (6mks).

SECTION B Choose Two questions from this section.

2.
 - a. Explain three ways counselors can prevent assault in the Counseling Profession 6mks
 - b. Describe in detail three motivational factors and two situational factors in understanding the risks in counseling profession. 6mks
 - c. Symptoms and signs of schizophrenia are determined by the individual. Explain three symptoms of schizophrenia 6mks
3.
 - a. Identify three major professional ethical considerations practice for both a supervisor and supervisee. 3mks
 - b. In a quality clinical supervision session there are distinct roles for both the supervisor and the counselor. Highlight three roles for the supervisor and three roles for the counselor in a clinical supervision. 6mks.
 - c. Supervision is an essential component of counselor development. Explain three ways of self-care by both the supervisor and supervisee. 6mks
4. Explain the following key techniques in Behavioral therapy
 - i) Flooding 3mks
 - ii) Systemic desensitization 4mk
 - b. Explain two ways self-reflection in clinical supervision is important. (4mks)
 - c. Illustrate three causes of conduct disorders in young people. (4mks)
5.
 - a. Conduct disorder is a serious behavioral emotional and mental health disorder, Explain two effects of the disorder. (4mks)
 - b. Describe two therapeutic treatment of Infidelity in a family (5mks)
 - c. Illustrate three types of Eating disorders (6mks)