



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR MASTER OF ARTS IN MARRIAGE AND
FAMILY THERAPY & MASTER OF ARTS IN COUNSELING PSYCHOLOGY**

SEPTEMBER - DECEMBER, 2021

CAMPUS: ONLINE

DEPARTMENT: PSYCHOLOGY

COURSE CODE: MCA 602

COURSE TITLE: TREATMENT & EXPRESSIVE THERAPIES

EXAM DATE: DEC. 20TH 2021

DURATION: 3 HOURS

TIME: 6PM-9PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your STUDENT NUMBER in the Answer Booklet given
- This Exam has TWO SECTIONS
- SECTION A is Compulsory.
- Answer **TWO** questions in **SECTION B**
- *Write clearly and legibly.*

MCA 602 COURSE TITLE: Treatment & Expressive Therapies

Instructions: Answer all questions in **SECTION A** and any **TWO** in **SECTION B**

SECTION A (10 MARKS)

1a) Expressive therapies play key roles in helping clients to “Tell without Talking.” Discuss three (3) such roles. (6 Marks)

b) Explain in details how you would use the heart drawing to help your clients to express their feelings during therapy. (4 Marks)

SECTION B (20 MARKS)

2 a) Discuss the role of sculpting in helping a client to talk about relationships in a family. (5 Marks)

b) Articulate how you would use bibliotherapy in counseling a child to process grief. (5 Marks)

3. a) Analyze two (2) strengths of poetry therapy. (4 Marks)

b) Discuss three (3) types of journal therapies that you can use to help a client who is traumatized. (6 Marks)

4. a) Articulate three stages of training parents on filial therapy. (6 Marks)

b) Explain two (2) benefits of filial therapy. (4 Marks)

5. a) Discuss two (2) music therapy techniques that you would use in your work with elderly clients with dementia. (4 Marks)

b) Explain how you would use the “Safe Place” drawing to help a client who has gone through a crisis situation. (6 Marks)