



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

END OF SEMESTER EXAMINATION FOR THE DEGREE OF

BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY

JANUARY – APRIL 2018 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU2332

COURSE TITLE: CLINICAL SUPERVISION I

EXAM DATE: TUESDAY 10TH APRIL 2018

TIME: 2:00PM-4:00PM

INSTRUCTIONS

- This examination script consists of **Five (5)** questions.
- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- Answer **Question ONE** and any other **TWO** questions
- Question **one** carries **20** marks
- Question 2-5 carry **10** marks each

QUESTION ONE: COMPULSORY

Muari, 22 years old, has presented herself to you for therapy. She has been advised to seek counselling because she is involved in multiple sexual relationships, drug taking and often is in relation with serious criminals being sought for by the government. She lost her father at the age of 12 years and her mother at the age of 17. She was unable to finish school because of lack of school fees even though she has very rich uncles and aunties. She is the middle child of three boy siblings. The boys, who are 25 and 19 years old are employed as casual workers in their town. She is angry that their fate in life has been very unfair and opportunities for her and her brothers very constricted. She is especially angry that often her rich uncles and aunties give her brothers manual jobs at very poor rates. She is angry with God for not defending their lot.

- a) Clearly identify issues that are apparent in this client. 2 marks
- b) Suggest reasons that could lead Muari to a dysfunctional life while her brothers are living adaptive lives. 3 marks
- c) Discuss the possible ethical dilemma you would face in this case and how you would manage it. 4 marks
- d) Explain Christian principles that would support this therapy process. 3 marks
- e) Using cognitive model of therapy, describe concretely but briefly how you would undertake treatment for this client. 8 marks

QUESTION TWO

You have started a case with a new client. You are eager to come up with clear treatment goals.

- a) Explain the importance of setting a clear contract with this client. 3 marks
- b) Outline the role of the client's stated goals in promoting therapy. 2 marks
- c) Describe important information you would need from the client in the first session after contracting in order to progress with therapy 5 marks

QUESTION THREE

The practicum protocol required you to be in sites in groups and to attend supervision every week.

- a) Show how being in groups is useful to the student counsellor 2 marks
- b) Explain how supervision supports students' growth in practicum 3 marks
- c) Describe the content you would prepare in order to present your client in supervision.

5 marks

QUESTION FOUR

Discuss how each of the following support a good therapy process:

a) Good use of skills

5 marks

b) Application of techniques appropriately

5 marks

QUESTION FIVE

Select any of the given types of client given below and answer the questions that follow:

- i. Dependent client
- ii. Unethical client
- iii. Resistant client

a) For the client you have chosen, describe the root cause of their disposition in the therapy relationship. 2 marks

a) Write an outline of intervention presenting in summary, key skills you would use to address this disposition. 8 marks