



SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF PSYCHOLOGY

**END OF SEMESTER EXAMINATION FOR THE MASTER OF ARTS IN COUNSELING
PSYCHOLOGY**

JAN-APRIL 2021 TRIMESTER

CAMPUS: ONLINE EXMINATION

COURSE CODE: MCP 508: LOSS, GRIEF AND TRAUMA COUNSELLING

EXAM DATE: 8TH APRIL 2021

DURATION: 3 HOURS

TIME: 6-9PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your STUDENT NUMBER in the Answer Booklet given
- This Exam has TWO SECTIONS
- **SECTION ONE** is Compulsory.
- **SECTION TWO** *Choose Any Three Questions*
- *Write clearly and legibly.*

SECTION A (compulsory)

Question one

- a) Account for the role played by anger as a necessary stage of grief in Kubler Ross grief model. (4 Marks)
- b) Analyze any three psychological Symptoms of Grief. (6 Marks)

SECTION B (Answer any three questions)

Question two

- a) With the use of three examples, explain any three similarities and differences between symbolic and actual losses. (6 Marks)
- b) Analyse two strategies that a therapist can use to assist children aged 3-6 years in dealing with loss. (4 Marks)

Question three

- a) Discuss three factors that influence a child's emotional and behavioral reaction to death. (6 Marks)
- b) Discuss two developmental factors that influence grief reactions in older persons. (4 Marks)

Question four

a) Analyze two ways how generations understand grief and loss within their cultural context. (4 Marks)

b) Discuss two ways that rituals and customs provide structures that help people at the time surrounding death. (4 marks)

Question five

a) Analyse at least three reasons why it would be necessary for a therapist to have awareness of different cultural groups' responses to loss. (6 Marks).

b) Critically examine the role played by spirituality and religion in coping with death and loss. (4 Marks)