



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY**

SEPTEMBER-DECEMBER 2019

CAMPUS: ROYSAMBU

DEPARTMENT: COUNSELING PSYCHOLOGY

COURSE CODE: COU4323

COURSE TITLE: PRE-MARITAL COUNSELING

EXAM DATE: TUESDAY 10TH DECEMBER 2019

DURATION: 2 HOURS

TIME: 2:00PM-4:00PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- *Write clearly and legibly.*
- This Exam has TWO SECTIONS
- SECTION A is Compulsory- Total Marks - 30
- Answer **THREE** questions out of the **SIX** questions in **SECTION B** - Total Marks 30 (*Each question in this section is 10 Marks*).
- *ALL PAC University's examination rules and regulations apply*

SECTION A : Answer all questions – Total Marks 30

1. (a) Define the following key terms.
 - (i) Marriage (2 Mks)
 - (ii) Family (2 Mks)
- (b) Explain **any two** goals of premarital counseling (6 Mks)
- (c) Describe **any two** appropriate mate selection skills that could be used by a couple in their relationship (6Mks)
- (d) Discuss **any two** marriageability traits for couples (6 Mks)
- (e) With examples, illustrate any two unrealistic expectations for marriage (4 Mks)
- (f) Explain **any two** principles that govern the sexual life of marriage (4 Mks)

**SECTION B : Answer any three questions from this section.
Each question is 10 Mks - Total Marks = 30**

2. (a) Examine **any two** benefits of pre-marital counseling (4 Mks)
- (b) Discuss **any three** reasons why pre-marital counseling is both a treatment and a prevention strategy (6 Mks)
3. (a) Explain **any two** major goals of the PREPARE/ENRICH program (4 Mks).
- (b) Demonstrate by giving examples **any two** ways in which cultural issues can affect marital relationship (4 Mks)
- (c) Explain how this course has been of benefit to you (2 Mks)
4. (a) Describe **any two** female sexual dysfunctions in marriage (4 Mks)
- (b) Explain the following key phrases for marrying couples:-
 - (i) Sweet spot (2 Mks)
 - (ii) Daily Temperature Measurement (DTM) (2 Mks)
- (c) State how finance planning would affect marital relationship either positively or negatively (2 Mks)
5. (a) Explain how you would help a couple discuss the meaning of biblical submission in marriage (2 Mks)
- (b) Explain **any two** styles of dealing with marriage conflicts established by James Fairfiled (4 Mks)
- (c) State **any two** effective levels of communication in a marital relationship (4 Mks)
6. (a) Explain any two ways how you would help a marrying couple

deal with premature ejaculation in their sexual relationship (4 Mks)

- (b) Explain any three reasons why a failure to clarify the husband/wife roles in a relationship can be a major course of mental disruption (6 Mks)