



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

END OF SEMESTER EXAMINATION FOR THE DEGREE OF

BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY

JANUARY – APRIL 2018 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU4323

COURSE TITLE: PREMARITAL COUNSELING

EXAM DATE: THURSDAY 12TH APRIL 2018

TIME: 5:30PM-8:30PM

INSTRUCTIONS

- This examination script consists of **Five (5)** questions.
- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- **Section A is Compulsory**
- **Answer any TWO questions in Section B**

SECTION A: COMPULSORY (30 MARKS)

QUESTION 1

- a. Define the following terms:
 - i. Marriage **1 marks**
 - ii. Premarital counselling **1 marks**
- b. From a Hope-focused model of couple counselling, discuss the possible steps of forgiveness **10 marks**
- c. Distinguish between marriage in a cultural context and Christian context **4 marks**
- d. Using an example, discuss how a premarital counselor can use CBT approach. **6 marks**
- e. Discuss the theology of marriage from a Christian perspective **8 marks**

SECTION B: Answer any TWO Questions (30 Marks)

QUESTION 2

- a. Using relevant examples discuss two main challenges of providing premarital counselling in the urban church congregations. **10 marks**
- b. Explain the steps you would take in premarital counselling of two people that are engaged when they disclose to you that the lady has two children from two previous separate relationships. **5 marks**

QUESTION 3

- a. Outline the four levels of cohesion in a family from a circumplex model perspective. **2 marks**
- b. Describe the steps you would take in conducting premarital counselling to a divorced lady wanting to remarry another husband that has been divorced too. **8marks**
- c. Distinguish between rigidly enmeshed and rigidly connected family types **5 marks**

QUESTION 4

- a. Discuss five key areas that a premarital counselor must be conversant with in order to provide proper guidance. **10 marks**
- b. Illustrate the female sexual response cycle using a graph **5 marks**

QUESTION 5

- a. Evaluate the effectiveness of conducting premarital counselling in the lives of church members. **5 marks**
- b. Discuss five key areas that a premarital counselor must be conversant with in order to provide proper guidance. **10 marks**