



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY
SEPTEMBER-DECEMBER 2018 SEMESTER

CAMPUS: VALLEY ROAD

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU3122

COURSE TITLE: CLINICAL SUPERVISION II

EXAM DATE: MONDAY 3RD DECEMBER 2018

DURATION: 3 HOURS

TIME: 5:30PM-8.30PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- This exam paper has **Two (2)** sections **A & B**
- Answer **All** questions in section **A (Compulsory)** and any **Three** questions from section **B**
- *Write clearly and legibly.*
- Indicate the questions you have answered on the cover page of the Answer Booklet.
- *ALL PAC University's examination rules and regulations apply*

Section A: 40 Marks-Answer all questions (Compulsory)

1. Case study

John is a single 39 year old male client. He was imprisoned for 15 years for raping a 16 year old girl. He has since become saved and wishes to start his own church and become a pastor upon release in 2020. He states that “My family members abandoned me and have not visited me for the last 13 years”. He has no home to go to after leaving prison.

- a. Conceptualize the issues John could be struggling with **(6 Marks)**
- b. On **{one page}** construct your treatment plan for this client and highlight possible interventions for **each** of the issues mentioned above. **(10 Marks)**
- c. Briefly explain **three** key concepts from narrative theory. **(6 Marks)**
- d. In **TWO paragraphs**, discuss the significance of constructing a client’s genogram. **(6 Marks)**
- e. Differentiate a resistant client from a reluctant client. **(6 Marks)**
- f. Explain **3 ways** that you can use while working with a client who is struggling with resistance or reluctance. **(6 Marks)**

Section B: 60 Marks-Answer any THREE questions

2. **Case study:** Johnson is grieving his mum who passed on one year ago. His mother had promised to tell him something. He regrets that he did not manage to visit her in hospital on the day she died.
 - a. Analyze the stage of the grief process this client may be stuck in? **(4 Marks)**
 - b. Conceptualize the issues the client could be struggling with. **(6 Marks)**
 - c. How would you help him resolve the issues? **(6 Marks)**
 - d. Define the term “countertransference” and highlight how you managed it during your interaction with clients this term. **(4 Marks)**
3. **Case study:** Jane has been drinking alcohol since she was in high school. However, her husband of 10 years is not aware of this fact as she has been covering up very well. Jane is afraid that her husband will find out because she now drinks three times a day.
 - a. Conceptualize the issues that Jane could be struggling with. **(6 Marks)**
 - b. List four family factors that would be important to consider in working with Jane. **(4 Marks)**
 - c. Analyze the process of goal setting. **(6 Marks)**
 - d. Summarize two interventions you would explore with Jane. **(4 Marks)**
4. **Case study:** Fifty four year old Eric was given a life sentence for murdering his mother after a quarrel about food. He was 25 years old at the time. He is remorseful and regrets what he did.
 - a. Demonstrate **two ways** you would integrate spirituality while counseling Eric. **(6 Marks)**
 - b. Evaluate **three ways** practicum in prison has benefited you. **(6 Marks)**
 - c. Analyze **four** ways you have been practicing self-care this term. **(8 Marks)**
5. Domestic violence has become so prevalent in Kenya.
 - a. Describe **five forms** of child abuse. **(10 Marks)**
 - b. Summarize **five ways** you can intervene as a counselor to help the society deal with domestic violence. **(10 Marks)**