



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

END OF SEMESTER EXAMINATION FOR THE DEGREE OF

BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY

SEPTEMBER-DECEMBER 2018 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU2321

COURSE TITLE: LOSS AND GRIEF

EXAM DATE: MONDAY 10TH DECEMBER 2018

DURATION: 3 HOURS

TIME: 2:00PM-5:00 PM

INSTRUCTIONS

- Write your **student number** on the answer booklet provided.
- This paper consist of **7 questions** as shown below
- Answer question **ONE, SEVEN** and any other **THREE**
- *ALL PAC University's examination rules and regulations apply.*

1. Explain the following terms:
 - a. Grief (2 marks)
 - b. Bereavement (2 Marks)
 - c. Mourning (2 Marks)
 - d. Pathological grief (2 marks)
 - e. The finality of death (2 marks)

2. A woman comes to you and shares how she is finding it hard to let go of her dead daughter. Discuss Rando's grief processes that you would use as a criteria of judgment of this woman's recovery from loss. (10 Marks)

3. Explain **FIVE (5)** ways that you can use to help a child through loss and grief. (10 Marks)

4. State and describe **FIVE (5)** factors that affect grieving process. (10 Marks)

5. Discuss at least **FIVE (5)** therapeutic strategies you would employ working with a grieving family. (10Marks)

6.
 - a) Differentiate in **TWO (2)** ways between normal and complicated grieving (5 Marks).
 - b) Identify and explain **FIVE (5)** other losses apart from bereavement. (5 Marks)

7. CASE STUDY (Read carefully and answer the questions below)

Kaiyira had just been diagnosed with an advanced throat cancer that had already affected other internal organs. In particular, his upper gut system was already badly affected and completely blocked. He died one month after an operation that revealed how bad his cancer was. As a Christian, he understood the prognosis given by the doctors and began to embrace death as inevitable. His stories in those last days were about his readiness to go, his desires for his children after he has left and appreciation of the people who had supported him in his lifetime. Stunned by the news, church ministers and congregants flowed into his house to see him just before his death. More importantly, they came to pray for his healing and quoting some scriptures. Upon his death, the pastors got into a frenzy of organizing the funeral and the status they wanted to accord the man in his death. Meanwhile, the wife would repeat the story of the death of her husband to whoever would care to listen. She recounted the story over and over in the days that followed.

In light of the principles studied in this course on death and dying:

- a. Critique at least **FIVE (5)** actions of the church ministers and their members in relation to Kaiyira's case and his wife. (10Marks)
- b. Stipulate and discuss **FIVE (5)** interventions you could employ supporting Kaiyira's wife as a loss and grief therapist. (10Marks)