



SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF PSYCHOLOGY

END OF SEMESTER EXAMINATION FOR THE MASTER OF ARTS IN COUNSELING

PSYCHOLOGY

JAN-APRIL 2022 TRIMESTER

CAMPUS: ONLINE EXMINATION

COURSE CODE: MPC 501 FUNDAMENTALS OF COUNSELING

EXAM DATE: 4th April 2022

DURATION: 3 HOURS

TIME: 6-9 PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your STUDENT NUMBER in the Answer Booklet given
- This Exam has TWO SECTIONS
- **SECTION ONE** is Compulsory.
- **SECTION TWO** *Choose Any Two Questions*
- *Write clearly and legibly.*

SECTION A (Compulsory)

Question one

- a) Identify any three dangers of giving advice to clients
(3 marks)

- b) Explain any three features of a counselling relationship
(3 marks)
- c) Discuss any two factors to consider when terminating a counselling relationship
(4 marks)
- d) Analyse any three features of stage one (relationship building) in a counselling relationship. (6 marks)
- e) Explain any two skills you would use in (d) above stage of counselling
(4 marks)

SECTION B Answer any two questions

Question two

a) *"A client may not remember much of what you said during the first session; but they will remember how you made them feel based on your non-verbal behaviors."*

With the use of three examples, discuss the above statement in relation to the importance of non- verbal skills in counseling (6 marks)

b) With the use of two examples, differentiate reflective from interpretative counseling (4 marks)

Question three

a) Discuss any three personal characteristics of effective counselors
(6 marks)

b) Explain any Two roles of a counselor in a counseling relationship
(4 marks)

4 a) Analyse any three functions of theories in counselling
(6 marks).

b) Explain any two features of an appropriate counselling room
(4 marks)

Question four

Discuss the importance of the following in a counselling relationship

- i) Informed consent (3 marks)
 - ii) Confidentiality (3 marks)
- b) Explain the importance of continuous education for counsellors (4 marks)

Question five

a) Discuss any two features of stage one (relationship building) in a counselling relationship. (6 marks)

b) Analyse any two skills you would use in the above stage of counselling (4 marks).