



PAN AFRICA CHRISTIAN UNIVERSITY

END OF SEMESTER EXAMINATION FOR CERTIFICATE IN COUNSELING

JANUARY-APRIL 2022

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: CCOU 0116

COURSE TITLE: INTRODUCTION TO CAREER COUNSELLING

EXAM DATE: 7/4/2022

TIME: 6pm-9pm

INSTRUCTIONS

- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.

Answer **ALL** questions in **Section A** and **ANY** other **TWO** from **Section B**

SECTION A – Answer all Questions (20 marks)

QUESTION ONE

- a) Describe one reason why counselors should study career counselling. (2 marks).
- b) Outline any two goals of career counselling. (2 marks)
- c) Discuss two ways that Christian values can be integrated in the work place. (4 marks).
- d) Explain how you can apply Maslow's hierarchy of needs theory (level 1, 2 and 3) in the work place. (6 marks)

Below, a lady is being interviewed for a secretarial post in Super deal Company.

Lady: (*opening interviewer's office door and bursting into the room panting. She is dressed in jeans and a sleeveless blouse*). Sorry, I'm late but I couldn't help it. I got lost on my way here. This place is so difficult to find, you know.

Interviewer: Come right in and take a seat.

Lady: (*Sits down in silence. She puts her handbag and documents on the interviewer's table*). Wow, this chair is so comfortable.

Interviewer: Thank you. From the address on your application letter, can I assume you come from Kitale?

Lady: Of Course.

Interviewer: How is the place?

Lady: So boring! In fact, that is why I am looking for a job here in Nairobi. I want to come and enjoy life in the city. I am sure companies here pay a big potato, right?

Interviewer: Before we discuss salary, let us talk about your qualifications. Your CV...

Lady (*laughing smugly*): Quite impressive, not so? I knew no one else's could match it.

Interviewer: The interview is over. Thank you for coming. (*Bids her good bye with a handshake*).

Lady: Standing to leave and shaking the interviewers hand vigorously). See you.

- e) State 6 reasons why the lady is unlikely to get the job. (6 marks)

SECTION B: Answer any two (20 marks)

QUESTION TWO

- a) Discuss two qualities of a career counselor. (4 marks)
- b) Explain three changes at the work place that may be detrimental to employees' psychosocial wellbeing. (6 marks)

QUESTION THREE

- a) Analyze two job keeping strategies. (4 marks)
- b) Discuss three disadvantages of a person becoming a workaholic. (6 marks)

QUESTION FOUR

- a) Analyze two ways on the importance of choosing a career for students early in life. (4 marks)
- b) Discuss three challenges affecting employees in the contemporary society. (4 marks)

QUESTION FIVE

- a) Explain two career counselling skills used in career counselling. (4 marks)
- b) Discuss the first three steps that you would take to help you make a decision that involve your career choice. (6 marks).