PAN AFRICA CHRISTIAN UNIVERSITY SCHOOL OF THEOLOGY

END-OF-SEMESTER EXAMINATION FOR THE DEGREE OF DIPLOMA IN YOUTH MINISTRY

MAY – AUGUST 2026

CAMPUS: ROYSAMBU

DEPARTMENT: CHILDREN AND YOUTH MINISTRY

COURSE CODE: DYM 106

COURSE TITLE: YOUTH/ADOLESCENT GROWTH AND DEVELOPMENT

EXAM DATE:
TIME:
TIME ALLOWED:

INSTRUCTIONS

⇒ Read the instructions and questions carefully before you write the answers.

⇒ Write your **STUDENT NUMBER** in the Answer Booklet given

⇒ **Section A** is compulsory.

⇒ Answer **ANY TWO** questions in **Section B**.

⇒ PAC University examination regulations apply.

SECTION A: Answer ALL Questions (20 marks)

1. Concerning adolescent growth and development answer the following questions:
    a. Outline any **FIVE** domains of human development. (**5 marks**)
    b. List the theorists for each of the five domains mentioned above. (**5 marks**)
    c. Explain any **TWO** of the domains outlined above. **(10 marks)**

SECTION B: Answer ANY TWO Questions (20 marks)

2. Discuss **TWO** reasons why youth's questioning of family rules and beliefs should not be interpreted as rebellion. **(10 marks)**
3. Explain **TWO** reasons why understanding the faith development of adolescents is essential for effective youth ministry. **(10 marks)**
4. Discuss **TWO** practical ways youth workers can help young people navigate their developmental needs. **(10 marks)**
5. Explain **TWO** ways cognitive development influence adolescent decision making. **(10 marks)**