



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR MASTER OF ARTS IN MARRIAGE AND
FAMILY THERAPY & MASTER OF ARTS IN COUNSELING PSYCHOLOGY**

MAY - AUGUST, 2022

CAMPUS: ONLINE

DEPARTMENT: PSYCHOLOGY

COURSE CODE: MCA 602

COURSE TITLE: TREATMENT & EXPRESSIVE THERAPIES

EXAM DATE:

DURATION: 3 HOURS

TIME: 6PM-9PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your STUDENT NUMBER in the Answer Booklet given
- This Exam has TWO SECTIONS
- SECTION A is Compulsory.
- Answer **TWO** questions in **SECTION B**
- *Write clearly and legibly.*

MCA 602 COURSE TITLE: Treatment & Expressive Therapies

Instructions: Answer all questions in **SECTION A** and any **TWO** in **SECTION B**

SECTION A (20 MARKS)

1 a) Explain in details how you would use the emotional wheel to help your clients to express their feelings during therapy. (4 Marks)

b) Expressive therapies play key roles in helping clients to “Tell without Talking.” Discuss three (3) such roles. (6 Marks)

2. a) Citing relevant examples, articulate three stages of training parents on filial therapy. (6 Marks)

b) Critically analyze two (2) benefits of filial therapy in children’s behaviour modification (4 Marks)

SECTION B (20 MARKS)

2 a) Explain in details how you would guide a client in discussing about relationships in his family through sculpting. (5 Marks)

b) Articulate how you would use the Mountain and Valley drawing in counseling a client who is struggling with depression. (5 Marks)

3. a) Analyze two (2) weaknesses of poetry therapy. (4 Marks)

b) Discuss three (3) types of journal therapies that you can use to help a client who is struggling with trauma. (6 Marks)

4. a) Articulate a story in the Bible where music therapy was used as an intervention for mental health disorder. (4 Marks)

b) Explain how you would use the “Safe haven” drawing to help a child who has gone through a traumatic situation. (6 Marks)

5. a) Discuss how you would use bibliotherapy in counseling a child who has lost a loved one. (5 Marks)

b) Analyze the use of hide and seek play in therapy with children. (5 Marks)