



PAN AFRICA CHRISTIAN UNIVERSITY

END OF TERM EXAMINATION (AUGUST TO DECEMBER 2023)

CAMPUS: ONLINE

DEPARTMENT: PSYCHOLOGY

COURSE CODE: PMFT 912

COURSE TITLE: FAMILY MEDIATION

LECTURER: DR. KIMANI GITHONGO

DATE: APRIL 2024

INSTRUCTIONS

- **Read all questions carefully before attempting.**
- **Write your student number on the answer booklet provided.**
- **Section A is Compulsory**
- **Answer any TWO questions in Section B**

SECTION A: COMPULSORY- (20 MARKS)

Question 1

Read the case study below and answer all the questions in this section.

Two parents Abubakar and Zawadi have been referred to a mediator by the Children's Welfare Department to mediate on issues relating to their two daughters who both live with the mother. Abubakar has only seen the children a couple of times since he and Zawadi separated a year ago. Abubakar wants to make contact with both girls and to start seeing them again on a regular basis.

- a. Describe any two family subsystems in the family systems theory that are affected by this conflict. **(2 marks)**
- b. Explain any three possible outcomes that this Mediation may have. **(6 marks)**
- c. Examine the three main steps the mediator should undertake in this mediation. **(6 marks)**
- d. Discuss any three cardinal considerations that the Mediator will take into cognizance throughout the Mediation sessions which may negatively or positively influence the process of mediation in this conflict. **(6 marks)**

SECTION B: ANSWER ANY TWO QUESTIONS FROM THIS SECTION (20 MARKS)

QUESTION 2

- a. Analyze four strategies a mediator can employ for managing a family high-conflict situation. **(4 marks)**
- b. Articulate three key skills that a mediator can utilize to manage own emotional reactions during difficult mediation sessions. **(6 marks)**

QUESTION 3

- a. With the use of appropriate examples evaluate three types of mediation for managing conflicts in families. **(6 marks)**
- b. Explore two main approaches that a mediator needs to utilize to maintain neutrality in a highly emotionally charged family mediation. **(4 marks)**

QUESTION 4

- a. Explain any three ways in which a mediator ensures confidentiality throughout the mediation process. **(6 marks)**
- b. Assess two effective ways to address psychological barriers in a mediation session. **(4 marks)**

QUESTION 5

- a. Discuss two strategies that a mediator can employ to manage power imbalances between family members during mediation. **(4 marks)**
- b. Describe three additional skills that faith based mediators require when mediating religious disputes beyond the usual knowledge, skills, and experiences of other mediators. **(6 marks)**