



PAN AFRICA CHRISTIAN UNIVERSITY

END OF TERM EXAMINATION

COU2321: LOSS & GRIEF COUNSELING

TUESDAY NOVEMBER 25TH, 2014

0800HRS – 1100HRS

INSTRUCTIONS

- This exam paper has **Two** sections **A & B**
- Answer **All** Questions in section **A** and **Two** questions in section **B**, question **5** in section **B** is compulsory
- Write your **student number** on the answer booklet provided.
- Read all questions carefully before attempting.
- Use a new page for every question attempted and indicate the question number on the space provided on each page of the answer sheet.

Section A: Answer all the questions in this section.

1. Distinguish between the following terms using relevant examples
 - a) Mortality and morbidity
 - b) Intermediate and Sullen families **(4 Marks)**
2. Identify and explain the three symptoms of pathological or abnormal grief according to Freud. **(6 Marks)**
3. State Wolfelt's reconciliation needs of mourning children. **(5 Marks)**
4. Illustrate how this course has equipped you in counselling with people with other losses (apart from loss by death). **(5 Marks)**

Section B: Answer questions five and any other questions in this section.

5. The following are the developmental stages in which those who come for grief counseling may be at.
 - i. Childhood
 - ii. Adolescence
 - iii. Early Adulthood
 - iv. Middle Adulthood
 - v. Late Adulthood
 - a) Choose one of the above developmental stages and discuss a major loss, **two** expressions of grief, **two** grief tasks and **one** intervention you would counsel with the bereaved individual. **(10 Marks)**
 - b) Mrs. Nikara (57 yrs) lost her business and son in terrorist attack. Although she is a committed Christian, she is angry with God for taking away the livelihood and her only son. Mrs. Karani has not been attending any church meetings since the burial of her husband and son two weeks ago. A common friend referred Mrs. Nikara to you for counselling and assures her that you will be able to assist her deal with the anger she is harboring towards God.

Demonstrate how you will assist her through her losses and her anger? **(10 Marks)**

6. a) Differentiate between the theories of loss and grief by Kubler-Ross and Worden. **(10 Marks)**
 - b) Which of the theories apply positively to the African (Kenyan) Culture? Give real life reasons. **(5 Marks)**
 - c) What are the cultural challenges of the theory you have chosen (refer to your cultural group)? **(5 Marks)**
7. a) Describe the six R processes of mourning according to Rando. **(10 Marks)**
 - b) In two sentences, critique these processes using the Christian practices of mourning. **(5 Marks)**
 - c) Discuss the cultural challenges of this theory (refer to your cultural group)?

(5 Marks)