



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE DEGREE OF
MASTER OF ARTS IN MARRIAGE AND FAMILY THERAPY

SEPTEMBER-DECEMBER 2018 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: MFT509

COURSE TITLE: CHILD AND ADOLESCENT DEVELOPMENT

EXAM DATE: THURSDAY 6TH DECEMBER 2018

DURATION: 3 HOURS

TIME: 9.00AM-12NOON

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- **Answer ALL questions in Section A and any other TWO questions** *Section B*
- *Write clearly and legibly.*
- *ALL PAC University's examination rules and regulations apply*

SECTION A: THIS SECTION IS COMPULSORY AND CARRIES 70% OF THE TOTAL EXAM MARKS

1. You have been asked to address parents of preschoolers in your church on how they can support the maturation of their children. Using insights from Neufeld theory of child development, state how you would present the following:

a) Explain the following maturation process to them:

- i) Emergence process
- ii) Adaptive process
- iii) Integrative process

15marks

b) Illustrate to them the obstacles for each of the above maturation process.

15 marks

- c) During question time, a parent explains to you how an older child in upper primary has become difficult to parent. How the child breaks every family norm and is currently not doing very well at school; both in terms of relationship with teachers and in academic performance. The boy has also started bullying other children in the neighbourhood and the parent is exasperated. Describe the behavior parents usually have to this kind of children due to their feeling of impotence.

12

marks

d) Describe to the parents implication of each of the following stages of attachment.

- i) Senses
- ii) Sameness
- iii) Belonging and loyalty
- iv) Love
- v) Significance
- vi) Being known

18marks

- e) Write a talk for teachers of Kariti Secondary School where the Principal is concerned that majority of the children have become so unruly that they are unable to contain them and foster a conducive learning environment. In your talk, explain how the teachers can position themselves to help the pupils turn around.

10 marks

**PART B: ANSWER ANY TWO QUESTIONS FROM THIS SECTION.
EACH QUESTION CARRIES 15 MARKS**

2. a) Explain the root of vulnerability in children 5 marks
b) Discuss the impact of vulnerability on children 10 marks
3. Identify how to mitigate against the following common childhood problems:
a) Separation problems
b) Aggression problems
c) Counterwill problems 5 marks each (15 marks)
4. Jane is 17 years old. She has been brought to you as a result of being expelled from school due to promiscuity and drug abuse. Apply Neufeld three prong process of intervention to help Jane 15 marks
5. Peer orientation is a feature of our modern society. Parents and teachers are ill-equipped to manage it.
 - i) Describe polarization of attachment that leads to peer-orientation 5 marks
 - ii) Summarize the deficiency parents have that limit them from protecting their children from peer orientation. 10 marks