



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE DEGREE OF
MASTER OF ARTS IN COUNSELLING PSYCHOLOGY

JANUARY - APRIL 2024 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: MCP 600

**COURSE TITLE: TEST ADMINISTRATION AND
INTERPRETATION**

EXAM DATE:

DURATION: 3 HOURS

TIME: 6: 00 PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- **Answer question 1 and any other TWO questions**
- *ALL PAC University's examination rules and regulations apply*

Question 1

a) Case study 1

You are a licensed mental health counselor working in a community agency. Your client self-referred for services because “my mother won’t stop bugging me for staying in bed all day. I can’t help it. I am in a rut and cannot find a way out.” Your client reported the feelings of hopelessness began 3 months ago. She stated, “My divorce was finalized at that time. Even though my ex and I had grown apart, I felt so sad that I had no energy to go to work.” After calling in sick for 2 weeks with no doctor’s note, she was fired. Due to resultant financial difficulties, the client stated, “I had no choice but to uproot my children and move in with my mother. I just feel like I’ve failed at everything.” The client shared that she feels sad, empty, and anxious most days, disclosing, “I wake up feeling sad. I can’t remember the last time I enjoyed something. Then I think I should be doing more for my children, and I get anxious.” The client reported that she also feels “tense every day” because she and her mother “do not see eye to eye” on raising the client’s children. “My kids are often in trouble at school, and my mother thinks it’s because I don’t spend enough time with them. I just don’t feel like getting out of bed much. And when I am with them, I tend to zone out and I can’t relax. Then I feel guilty. I worry that something awful may happen—like a natural disaster—and I will have wasted the time that I could have spent with them.”

Do the following:

- (i) Discuss the initial assessment from the client’s presenting problem (2 Marks)
 - (ii) Describe the symptoms informing your assessment above into physiological, social, and cognitive dimensions. (6 Marks)
 - (iii) Explain the treatment approach you would take and other professionals to be involved (if any) (2 Marks)
- b) Discuss any two prominent features of personality disorder (4 Marks)
- c) Describe any three psychological tests and their uses (6 Marks)

SECTION TWO: ANSWER ANY TWO QUESTIONS

Question 2

- a) Explain any two factors that may influence the outcome of an intelligence test (4 Marks)
- b) Discuss any three common features of a personality disorder (6 Marks)

Question 3

a) Case Study 2

John experiences unpleasant and hostile auditory hallucinations mainly describing his actions and his thoughts. This normally happens when he is out of the house, in public places and at shops. He claims that he also hears these voices when alone and inactive at home usually in the evenings and at night. These experiences make him feel angry and frightened.

John also experiences that other people can read his mind, this is particularly true of some teenagers in his neighborhood whom he thinks are out to get him.

John is the second of three children born from one father. Pregnancy and delivery were normal, and developmental milestones were accomplished on time. History of the patient's father is unknown. John's elder brother is in prison for robbery and the other has had a number of admissions to psychiatric hospital with diagnosis of schizophrenia. During assessment, John was described by his mother as a shy boy and reports never having any close friends and knew primarily the street boys he hung around with. He has had a sexual relationship with a neighborhood girl in the past but never had a steady girlfriend. John reports that he never liked school and dropped out in his early age. He has never worked and lived at home until his first admission into mental health hospital three years ago. His mother who has her own mental health problem (Depression) is his primary source of emotional support and his main career.

Do the following:

- (i) Argue for and against spiritual pathology in John's presenting problem (2 Marks)
- (ii) Describe the symptoms in John's life leading to your argument (2 Marks)
- (iii) Explain the treatment model you will apply in supporting John including any other interventions from other professionals (6 Marks)

Question 4

- a) Distinguish between aptitude and attitude tests (4 Marks)
- b) Using Beck's tool of measuring depression, describe the three different levels as handled during a counselling process (6 Marks)

Question 5

Case Study 3

Aron was brought for consultation by his parents. He was about 4 years old, the second child to the parents. Even while he was being brought into the room, the counsellor could hear his loud wailing. It took some time for the child to calm down and later the counsellor observed that the child was very restless. He was running around the room, pulling down cushions and generally creating chaos in the room and mother was quite in harried in trying to control him.

Do the following:

- (i) Discuss your assessment of Aron's disorder (2 Marks)
- (ii) Describe the symptoms leading to your assessment above (2 Marks)
- (iii) Explain three treatment approaches you would use to manage Aron's condition (6 Marks)



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JANUARY – APRIL 2024 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: MCP 507

COURSE TITLE: CHILD AND ADOLESCENT ABNORMALITIES

EXAM DATE:

DURATION: 3 Hours

TIME: 6:00 PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- **Answer question 1 and any other TWO questions**
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Question 1

a) Case Study 1

At 15, Lisa started becoming very anxious following her parent's divorce. Her and her younger brother lived with their mother and saw their father weekly. The

arrangements were amicable. Shortly after the divorce her father had a stroke and was in hospital for several weeks. Within weeks, Lisa starting getting nervous when her mother went out – even for short periods (under an hour) to the shops. She send short messages and rang her mother every 3-4 minutes to ask if she was alright, and... when was she coming back to the house. Her mother was worried about her and, uncertain as to what to do, reduced her trips out and when she did need to shop always took Lisa with her. Things didn't improve and Lisa became more anxious, not wanting to let her mother out of sight around the house even though, by now, her father had made a good recovery from his stroke and was out of hospital. Both parents had an amicable relationship and were jointly supportive to the children.

Do the following:

- (i) Explain the disorder presented in this narrative (2 Marks).
 - (ii) Describe the symptoms picked by you from the narrative now informing your diagnosis (4 Marks).
 - (iii) Discuss the treatment/management options to the client's psychopathology (4 Marks).
- b) Discuss the yard stick/indicators for:
- (i) Normalcy (2 Marks).
 - (ii) Abnormality (2 Marks).
- c) Describe the three main behavioral manifestations of children with Attention Deficit Hyperactivity Disorder (6 Marks).

SECTION TWO: ANSWER ANY TWO QUESTIONS

Question 2

- a) Case Study 2
- John, a 13 years, teen, presented with the history of intimidating, bullying and physically harming others, aggressive and destructive behavior, lying, skipping school, and running away from home, alcohol use, and sexual behavior at a very young age.
- Do the following:
- (i) Explain the disorder from the narrative (2 Marks).
 - (ii) Defend your diagnosis with requisite symptoms from the narrative (2 Marks).
- b) Using dysfunction as a theme, explain any three of the areas of the dysfunction meeting this criteria (6 Marks).

Question 3

Case Study 1

"This school sucks, and you can't tell me what to do anymore!" seven-year-old Eric furiously screamed at his teacher. "You tell me do this, do that, do this...you never stop nagging me. The only reason I get red marks on my paper is because of stupid you, and that jerk Andrew at my table who makes me more stupid every day. I won't do no more for YOU, never," he

continued. Eric, who has a file documenting violent outbursts for nearly a year, heads for the door, but not before heaving a neatly stacked pile of papers and books onto the floor. He turns back toward the teacher, with a countenance that begs for a final standoff with the authority figure in the room. The hushed children in the class look on with trepidation for the next move.

Do the following:

- (i) Diagnose the disorder from the narrative (2 Marks)
- (ii) Describe the symptoms especially behavioral to support your diagnoses (4 Marks)
- (iii) Discuss the treatment/management thereof including the multidimensional approach (4 Marks)

Question 4

- a) Explain two ways art and play therapies are used in diagnosis (4 Marks)
- b) Discuss any three psychopathologies resulting to a child following the separation/divorce of parents. (6 Marks)

Question 5

- a) Analyze two ways the onset of testosterone is an etiology to adolescent maladaptive behavior (4 Marks)
- b) Describe any three behavioral manifestations of a child with Autism Spectrum (6 Marks)



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JANUARY - APRIL 2024 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: MCP 503

COURSE TITLE: ADVANCED HUMAN DEVELOPMENT

EXAM DATE:

DURATION: 3 HOURS

TIME: 6:00 PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- **Answer question 1 and any other TWO questions**
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Question 1

- a) Describe how the following factors influence human development:
 - (i) Parent's education (2 Marks)
 - (ii) Genes (2 Marks)
 - (iii) Environment (2 Marks)
 - (iv) Culture (2 Marks)
- b) Explain in two ways how knowledge on developmental milestones is important to counselling help (4 Marks)

- c) Discuss any two significance of theories in understanding human development (4 marks)
- d) "Train a child in the way he should go and when he is old he will not turn from it." Prov. 22:6

Assume you have been asked to psychoeducate parents at your church using the above Scripture. Follow the guideline below:

- (i) Explain the age appropriate for the above Scripture to be achieved (2 Marks)
- (ii) Discuss any two challenges you are likely to experience in training an adolescent child on the same (2 Marks)

SECTION TWO: ANSWER ANY TWO QUESTIONS

Question 2

- a) Distinguish between mental age and physical age (4 Marks)
- b) Discuss the following:
 - (i) Average life expectancy (2 Marks)
 - (ii) Useful life expectancy (2 Marks)
 - (iii) Maximum life expectancy (2 Marks)

Question 3

- a) Explain two ways the working memory is used in day today functions (4 Marks)
- b) Using Sternberg's Theory, discuss the three different types of abilities espoused therein (6 Marks)

Question 4

- a) Discuss any two ways positive parenting style promotes a child's development (4 Marks)
- b) Describe the following eating disorders:
 - (i) Anorexia Nervosa (3 Marks)
 - (ii) Bulimia Nervosa (3 Marks)

Question 5

- a) Explain any two psychological changes that manifest at adolescent stage (4 Marks)
- b) Using Bronfenbrenner's Theory, discuss any three levels the theory espouses in relation to development (6 marks)