



PAN AFRICA CHRISTIAN UNIVERSITY

END OF TERM EXAMINATION (JANUARY TO APRIL 2025)

CAMPUS: ONLINE

DEPARTMENT: PSYCHOLOGY

COURSE CODE: MCP 509 & MFT 507

ETHICAL AND PROFESSIONAL ISSUES

LECTURER: DR. KIMANI GITHONGO

DATE: APRIL 2025

INSTRUCTIONS

- **Read all questions carefully before attempting.**
- **Section A is Compulsory**
- **Answer any TWO questions in Section B**

SECTION A: COMPULSORY- (20 Marks)

QUESTION 1

Read the case study below and answer all the questions in this section.

Dr. Makau, a licensed family therapist, is working with the Kazungu family, who are devout Christians. Their 16-year-old daughter, Aisha, confides in Dr. Makau that she is struggling with depression and has been engaging in self-harm. She begs the therapist not to tell her parents, fearing they will respond harshly due to their religious beliefs about suffering and discipline.

- a. Describe two ethical Issues that Dr. Makau must address in this case. **(4 marks)**
- b. Evaluate two legal steps that the therapist may consider. **(4 marks)**
- c. Analyze three aspects that Dr. Makau should put in his consideration on whether to disclose Aisha's self-harm to her parents. **(6 marks)**
- d. Discuss three ways in which the therapist can integrate spirituality with psychological interventions. **(6 marks)**

SECTION B: ANSWER ANY TWO QUESTIONS FROM THIS SECTION (20 MARKS)

QUESTION 2

- a. Examine two ethical challenges of handling confidentiality in family therapy. **(4 marks)**
- b. Explain three ways in which a therapist can navigate ethical challenges in the use of technology in therapy. **(6 marks)**

QUESTION 3

- a. Assess two ethical considerations when working with LGBTQI in therapy. **(4 Marks)**
- b. Articulate three cardinal requirements that therapists should make clear at the beginning of treatment when offering psychological services to involuntary clients. **(6 marks)**

QUESTION 4

- a. Explore two skills that a therapist may utilize to ethically **address** culture challenges in the treatment of clients. **(4 Marks)**
- b. Illustrate three critical client's rights in therapy. **(6 marks)**

QUESTION 5

- a. Enumerate two Consequences of ethical violations in psychological research. **(4 marks)**
- b. Discuss three components of an ethical administration of a psychological assessment. **(6 marks)**