



PAN AFRICA CHRISTIAN UNIVERSITY

**END OF SEMESTER EXAMINATION FOR DOCTOR OF
PHILOSOPHY DEGREE IN MARRIAGE AND FAMILY THERAPY**

MAY-AUGUST 2017

CAMPUS: ROYSAMBU

DEPARTMENT: COUNSELING PSYCHOLOGY

COURSE CODE: PMFT113

COURSE TITLE: ADVANCED FAMILY THERAPY THEORIES

EXAM DATE: THURSDAY 27th JULY 2017

TIME: 5.30PM-7.30PM

INSTRUCTIONS

- Read all questions carefully before attempting.
- Write your student number on the answer booklet provided.
- Section A is Compulsory
- Answer any TWO questions in Section B

SECTION A: Compulsory (20 marks)

- 1 a). Using Bowens Family Systems Theory, demonstrate the importance of the family of origin in the life of a client.(5 marks)
b) Explain why Structural Theory may be therapeutic while working with dysfunctional families.
(5 marks)
d) With the use of an example, demonstrate how the use of cultural specific approaches may lead to cultural determinism.
(5 marks)
e) ***“People must not only learn to accept defeat but also to be prepared to deal with it. This can be done through pre-electoral and post-electoral counselling. The New Vision recently carried a story of a student of Makerere University who appears to have run mad because he had lost the guild election. In the just-concluded parliamentary elections, many important personalities were reported to have been involved in election violence and malpractices. This is because they were not prepared for defeat. I live close to two losers of the same parliamentary election; but they appear to be going through what I may call Post-Electoral defeat syndrome (PEDS). PEDS is characterised by severe depression. Irritability, hopelessness, confusion, mistrust and general feelings of apathy. People with such feelings may be dangerous to themselves and the people around them. The loss in terms of time, money, physical energy and trust as candidates search for votes is unfathomable. Whereas winners need counselling to deal with their excitement, in case it overflows, losers need more counselling to deal with post-electoral trauma.”***
(Bakaswirewa, 2001).

Discuss how Cognitive Behaviour Therapy might be useful in counselling PEDS (Post Electoral Defeat Syndrome) clients and their families. (5 marks)

SECTION B: Answer two questions only

- 2 a “Who we are racially perceived to be shapes our attitudes, beliefs and behaviour”. Discuss this statement in relation to the role of race in therapy (9 marks)
b) Discuss five steps through which therapists can achieve greater racial sensitivity (6 marks)
- 3 a) “Class is like the air we breathe” Discuss this statement in relation to the role of class in therapy (9 marks)
b) Analyse with the use examples discuss three (3) steps necessary in re-visioning class in family therapy (6 marks)
- 4 a) Explain why it is important to integrate spirituality/religion into therapy (5 marks)
b) Discuss the importance of religion in people’s lives (6 marks)
- 5 a) Using examples distinguish gender roles from sex roles (4 marks)
b) Discuss four(4) aspects of gender roles in family functioning and how they might lead to systemic conflicts (8 marks)