



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
MASTER OF ARTS IN MARRIAGE & FAMILY THERAPY**

JANUARY-APRIL 2019 SEMESTER

CAMPUS: ROYSAMBU & VALLEY ROAD

DEPARTMENT: PSYCHOLOGY

COURSE CODE: MPC600

COURSE TITLE: SEXUALITY AND PRE MARITAL THERAPY

EXAM DATE: FRIDAY 12th APRIL 2019

DURATION: 3 HOURS

TIME: 2:00PM-5:00PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- This Exam has THREE SECTIONS
- SECTION A is Compulsory.
- Answer **ONE** question in **SECTION B** and **C**
- *Write clearly and legibly.*
- *ALL PAC University's examination rules and regulations apply*

SECTION A: Answer all questions in this section (50 Marks)

QUESTION ONE

- a) Gen. 2:24-25/Matt. 19:4-6/Eph. 4:31-32

For this reason a man will leave his father and mother and be united to his wife, and they will become one flesh. The man and his wife were both naked, and they felt no shame. (NIV)

Describe the three foundational principles that these passages highlight. (8 Marks)

- b) Explore at least four miscommunication and filters that couples are likely to experience in the course of their marital relationship. (12 Marks)
- c) Critique the statement that, “Most couples only deal with their issues in the context of events.” (9 Marks)
- d) Demonstrate three ways that couples can preserve sensuality and sexuality in their relationship. (9 Marks)
- e) Compare and contrast the three general sequencing of treatment for men and women in sex therapy. (12 Marks)

SECTION B (25 Marks). Answer question Two OR Three

QUESTION TWO:

- a) Etiology and treatment in sex therapy focuses on five components or dimensions. Analyze any three examples using appropriate examples. (9 Marks)
- b) Describe the two typical areas that sex therapists pay attention to during assessment. (6 Marks)
- c) Critique four treatment concerns that gay and lesbian individuals are likely to encounter during treatment. (10 Marks)

QUESTION THREE

- a) Support with relevant examples the four categories that sexual dysfunctions fall into. (8 Marks)
- b) Assess the main concerns when sex therapy emphasizes performance rather than subjective meaning and experience. (9 Marks)
- c) Describe three functions of sex in a marriage relationship. (8 Marks)

SECTION C: Any question Four OR Five (25 Marks)

QUESTION FOUR

- a) Support with six relevant examples, why you would recommend pre-marital counseling to a couple. (8 Marks)
- b) Analyse signs that will help you to conceptualize that a couple you are working with is struggling with hidden issues. (8 Marks)
- c) Couples need to express criticism effectively. Give three examples of destructive gripping. (6 Marks)
- d) Suggest three ways that you can help a couple to keep fun alive in their marriage. (3 Marks)

QUESTON FIVE

- a) Explore four reasons that cross-cultural couples are likely to encounter in the course of their marriage. (8 Marks)
- b) Describe the four benefits of marriage from the Scripture bellow (Ecclesiastes 4: 8-12).

⁸There was a man all alone; he had neither son nor brother. There was no end to his toil, yet his eyes were not content with his wealth. “For whom am I toiling,” he asked, “and why am I depriving myself of enjoyment?” This too is meaningless— a miserable business!

⁹Two are better than one, because they have a good return for their labor:

¹⁰If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up.

¹¹Also, if two lie down together, they will keep warm. But how can one keep warm alone?

¹²Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken.
- c) Madiba recalls that his father was always absent during his key school events because he worked out of town. Nzinzi’s father worked from the house. Her fathers “ever presence” during her formative years made her to feel suffocated and constrained. Madiba and Nzinzi intend to get married in a couple of months. They are seeking pre-marital therapy from you.
 - i. What issues might this couple grapple with in the course of their marriage? (6 Marks)
 - ii. Suggest four ways that you can help this couple to deal with these issues. (4 Marks)