

031305T4PSY

COUNSELLING PSYCHOLOGY LEVEL 5 PSY/OS/CO/CR/03/5

Provide Psychological First Aid Services

November/December 2024



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

PRACTICAL ASSESSMENT

INSTRUCTIONS TO CANDIDATES

1. You have **ONE HOUR** to answer all questions.
2. You are required to carry out the following practical tasks:
 - a) Prepare to Provide Psychological First Aid
 - b) Provide Psychological First Aid Services
 - c) Evaluate Provision of Psychological First Aid Services
 - d) Terminate Provision of Psychological First Aid Services

You are provided with the following resources:

- 3 similar chairs
- 2 Bottled drinking Water
- Soft Tissues/serviettes
- Stationery i.e. biros. Note book
- Clipboard
- Waste bin
- Relevant counselling forms i.e.
 - Intake form

- Consent form
- Referral form
- Assessment tools i.e.
 - Beck Depression Inventory (BDI)
 - SBQ – Suicidal Questionnaire
 - State-Trait Anxiety Inventory (STAI)
 - Beck Depression Inventory (BDI)
 - PTSD Checklist