



PAC INSTITUTE OF TECHNOLOGY AND SOCIAL STUDIES SEPTEMBER – DECEMBER 2024 ASSESSMENT

FORMATIVE ASSESSMENT

Qualification Code :

Qualification : COUNSELLING PSYCHOLOGY LEVEL 6

Code : PSY/CU/CO/CR/03/6

Unit of Competency : CRISIS COUNSELLING

WRITTEN ASSESSMENT TIME: 3 HOURS

INSTRUCTIONS TO THE CANDIDATE:

- 1. Read all the instructions carefully before attempting the questions.*
- 2. This paper consists of two sections, A & B.*
- 3. You are allowed 3 Hours to Answer the questions.*
- 4. Marks for each question are indicated in brackets.*
- 5. Write your responses in the Separate Answer booklet provided.*
- 6. Do not write anything on this question paper.*

SECTION A: (40 MARKS)

*Answer **ALL** questions in this section.*

- 1) Define Crisis Counselling (2 mrks)
- 2) 2. Discuss 5 situations in which Crisis Counselling can be applied (10 Mrks)
- 3) Discuss 5 characteristics of Crisis counsellor (10 Mrks)
- 4) Explain four roles of crisis Counsellor (8 Marks)
- 5) Discuss 5 Challenges one may encounter when contacting Crisis counselling (10Mark)

SECTION B: (60 MARKS)

*Answer any **THREE** questions in this section.*

- 1,a) Explain 4 importance of crisis counselling (8 Marks)
 - b) Explain the 4 Elements of Crisis Counselling (12 Mks)
- 2,i) ; Discus the ABC Model of Crisis Counselling (12 Mks)
 - ii) . Explain the 2 Theories of crisis counselling (8 Mrks)
- 3;a) Explain 5 importance of consent form in Crisis Counselling (10 Mks)
 - b;) List 5 key data information that a counsellor should collect from the client during the signing of the contract and consent. (10 Marks.
- 4; a) Discuss the History of Crisis Counselling – (4 marks)

List and explain the 4 Theories of Crisis Intervention (16 marks)