PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

END OF SEMESTER EXAMINATION FOR DIPLOMA IN COUNSELLING PSYCHOLOGY

MAY- AUGUST 2026

CAMPUS: ONLINE

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COD 105

COURSE TITLE: CHILD GROWTH AND DEVELOPMENT

EXAM DATE:

TIME:

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your STUDENT NUMBER in the Answer Booklet given
- SECTION A is Compulsory.
- Answer **TWO** questions in **SECTION B**
- *Write clearly and legibly*

SECTION A: This Question is Compulsory and Carries Twenty (20) Marks.

Question 1

a) Differentiate between growth and development. (4 marks)

b) Mention any two clinical significance of reflexes in neonate growth and development . (4 marks)

c) Highlight any two principles of child growth and development. (4 marks)

d) Distinguish between phylogenetic functions and ontogenetic functions (4 marks)

e) Mention 4 benefits of studying child growth and development . (4 marks)

SECTION B: Attempt any TWO (2) questions in this section. Each question carries 10 marks

Question 2

a) Highlight two birth defects related to a failure of the neural tube closer during neonate development . (2 marks)

b) Discuss how the following biological factors influence child growth and development .

i. Genetic. (4 marks)

ii. Hormones. (4 marks)

Question 3

i. Differenciate between fine motors and gross motors. (4 marks)

ii. Discuss any three indicators of impaired Physical Development during infant hood first six months. (6 marks)

Question 4

i. Explain the term scaffolding in early childhood development. (4 marks)

ii. Discuss three executive functioning development during early childhood . (6 marks)

Question 5

i. Explain any two cognitive developments during middle childhood . (4 marks)

ii. Describe the first three physical changes in middle childhood. (6 marks)