



PAN AFRICA CHRISTIAN UNIVERSITY

END OF TERM EXAMINATION (JAN-APRIL 2021)

CAMPUS: ONLINE

DEPARTMENT: COUNSELING PSYCHOLOGY

COURSE CODE: COU 3223

COURSE TITLE: ALCOHOL AND SUBSTANCE ABUSE

LECTURER: KIMANI GITHONGO

DATE: APRIL 2021

INSTRUCTIONS

- **Read all questions carefully before attempting.**
- **Write your student number on the answer booklet provided.**
- **Section A is Compulsory**
- **Answer any TWO questions in Section B**

SECTION A: COMPULSORY

(20 Marks)

Question 1:

- a) Critically analyze any five causes of alcohol and substance abuse within the Kenyan context (10 marks)
- b) Examine three interventions for alcohol and substance abuse (6 marks)
- c) Describe any two effects of substance abuse (4 marks)

SECTION B: ANSWER ANY TWO QUESTIONS IN THIS SECTION

(20 MARKS)

Question 2:

Discuss

- a) Three categories of psychoactive substances (6 marks)
- b) Two types of alcohol or drug dependence (4 marks)

Question 3:

Explain

- a) Three critical steps in the management of a client presenting with alcohol abuse (6 marks)
- b) Two attitudes in drug use and abuse that inhibit appropriate interventions (4 marks)

Question 4:

- a) Identify two symptoms of alcohol addiction (4 marks)
- b) Discuss three principles that are necessary in substance abuse treatment (6 marks)

Question 5:

Karanja, a 30 - year-old B. Com graduate has been brought to your clinic by a guardian for assessment on alcohol issues.

- a) Describe one screening tool you would utilize for an appropriate diagnosis (6 marks)
- b) State two community initiatives that would help in the fight against alcohol use that would be helpful to Karanja upon return to the community (4 marks)