



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY
SEPTEMBER – DECEMBER 2017

CAMPUS: VALLEY

DEPARTMENT: COUNSELING PSYCHOLOGY

COURSE CODE: COU3122

COURSE TITLE: CLINICAL SUPERVISION II

EXAM DATE: FRIDAY 8th DECEMBER 2017

TIME: 5.30PM-7.30PM

INSTRUCTIONS

- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- This exam has **TWO (2)** sections.
- Answer **all** the questions in **Section A (Compulsory)** and **any TWO** questions from **Section B**
- Indicate the questions you have answered on the cover page of the Answer Booklet

SECTION A – Answer all the Questions

QUESTION 1

30 marks

A. Define the following terms:-

- | | |
|-------------------|---------|
| i. Supervision | 2 marks |
| ii. Peer Pressure | 2 marks |
| iii. GAD | 2 marks |
| iv. Self care | 2 marks |
| v. Bipolar | 2 marks |

B.

- | | |
|--|---------|
| i. Identify TWO purposes of Supervision | 4 marks |
| ii. Describe TWO warning signs of stress | 6 marks |

C.

- | | |
|---|---------|
| i. Illustrate briefly how you would respond to a client who turns violent during therapy session. | 4mks |
| ii. Demonstrate how you can apply your Christian faith while in your practicum. | 6 marks |

SECTION B – Choose any TWO Questions

QUESTION 2

- | | |
|--|---------|
| i. Supervision is significant. Explain briefly. | 3 marks |
| ii. Provide FOUR reasons when termination of therapeutic relationship is necessary . | 4 marks |
| iii. Explain the importance of using SOAP in supervision | 8 marks |

QUESTION 3

- | | |
|--|---------|
| i. Illustrate with an example a non-sexual dual relationship | 6 marks |
| ii. Discuss three benefits of Peer Group Learning | 9 marks |

QUESTION 4

- | | | |
|---|--------|-------|
| i. Outline the term DARP | 3 | marks |
| ii. Name your preferred therapeutic model and why you prefer to use it | 4marks | |
| iii. In the area of Dual Relationships name and explain two arguments and their rebuttals | 9 | marks |

QUESTION 5

A 40 year-old man named Mara who presents with many symptoms for therapy. He is seeking therapy because he feels very sad and has difficulty in waking up in the morning. He describes his life as being hopeless and has difficulty in making decisions. Using the above case study:-

- | | |
|--|---------|
| i. Identify the disorder | 1 marks |
| ii. What other 3 symptoms are identified with the disorder | 6 marks |
| iii. Explain any two therapeutic interventions you can apply for treatment of Mara | 8 marks |