



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY**

SEPTEMBER-DECEMBER 2018 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU3323

COURSE TITLE: MULTICULTURAL COUNSELLING

EXAM DATE: THURSDAY 6TH DECEMBER 2018

DURATION: 3 HOURS

TIME: 5:30PM-8:30PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- This examination script consists of **Six (6)** questions.
- This Exam Script has **TWO** (2) Sections.
- Section **“A”** is **COMPULSORY**; Answer any THREE questions in section **“B”**
- *ALL PAC University’s examination rules and regulations apply*

SECTION A: (COMPULSORY) – (40 MARKS)

1. a. Define the following terms (8 marks)
 - i. Culture
 - ii. Multicultural Counseling)
 - iii. Worldview
 - iv. Intraculture
- b. Briefly discuss **six** qualities of a Culturally Effective Counselor (12 marks).
- c. State and briefly describe **three** effects on the counseling process resulting from cultural and tribal prejudices by the therapist (6 marks).
- d. In **three** brief sentences explain the reasons the counseling profession requires a multicultural emphasis in counseling (6 marks).
- e. Describe briefly with examples how Ethnicity and Culture influence how people think, behave and define events (5 marks).
- f. List **three** issues that a counselor working with minority groups is likely to encounter (3 marks).

SECTION B: ANSWER ANY THREE QUESTIONS IN THIS SECTION (60 MARKS)

2. (i) Analyze the dimension of Social Class and indicate what impact this can have on counseling (10 marks).
- ii. Discuss what effects the following two conditions may have on counseling:
 - A culturally unaware counselor (5)
 - A counselor with tribal and religious prejudices (5).
3. (i) Analyze why competent mental health practice demands that our deeply rooted emotions associated with race, culture and social-demographic differences be openly experienced and discussed (15 marks).
- (ii) A competent counselor should be able to work with any client regardless of cultural diversity. Briefly discuss this statement giving examples (5).
4. (i) Discuss and analyze **five** (5) Barriers to Multicultural Counseling and Therapy (15 marks).
- (ii) Analyze special challenges that might confront counselors working with LGB clients that might not be experienced when working with heterosexual clients (5 marks).
5. (i) Discuss the **three** (3) Multicultural Counseling Competencies in detail giving examples to show how they can impact the counseling process positively (15 marks).
- (iii) What issues are female clients likely to bring for counseling? (5 marks).