



**PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE MASTER OF ARTS IN COUNSELING
PSYCHOLOGY
SEPTEMBER- DECEMBER 2024**

CAMPUS: ONLINE

DEPARTMENT: PSYCHOLOGY

COURSE CODE: MCP 604

COURSE TITLE: ADDICTIONS AND SUBSTANCE ABUSE DISORDERS

EXAM DATE:

TIME:

INSTRUCTIONS

- Read all questions carefully before answering.
- Write your **student number** on the space provided.
- Answer **ALL** questions in **Section A** and **ANY** other **TWO** from **Section B**

SECTION A – Answer all Questions (20 marks)

QUESTION ONE

A. Describe the following terms as used in addictive and substance use disorders:

- a) Addiction. (2 marks)
- b) Intoxication. (2 marks)
- c) Dependence. (2 marks)
- d) Substance Abuse. (2 marks)

B). Articulate how you would address addictions and substance use from a Christian standpoint. (4 marks)

C). Discuss any two reasons why people chose to abuse substances. (4 marks)

D) Analyze any two roles that a counselling psychologist might play in the fight against addictions and substance misuse. (6 marks)

SECTION B: Answer any two questions (20 marks)

QUESTION TWO

Giovanni, a form three student has been referred to you for counseling. He was suspended from school because he is a self-proclaimed substance addict.

- a) Examine any two effects that Giovanni may experience as a result of the addiction. (4 marks)
- b) Analyze the first three stages Giovanni went through before he became an addict. (6 marks)

QUESTION THREE

People can be addicted to both behavior and substances.

- a) Illustrate any two behavioral addictions. (4 Marks)
- b) Discuss any three philosophical models of addictions and substance use disorders. (6 Marks)

QUESTION FOUR

- a) Articulate two symptoms of tolerance. (4 Marks)
- b) The diagnostic criteria for substance use disorders can be summarized into four categories. Describe any three of these categories. (6 Marks)

QUESTION FIVE

Michael has been referred to you by a psychiatrist. His diagnosis is Alcohol Use Disorder.

- a) Analyze any two risk factors that may have predisposed Michael to this disorder. (4 marks)
- b) Discuss three treatment approaches that you will use to help Michael deal with his problem. (6 marks)