

**MFT602 SPIRITUAL AND THEOLOGICAL RESOURCES IN MFT DECEMBER
2025 FINAL EXAM**

DR. AMOS KEYA ALUMADA

ANSWER QUESTION ONE AND ANY OTHER TWO

SECTION A (COMPULSORY QUESTION) 20 MARKS

A COMPLET PARAGRAPH MUST HAVE 5-6 SENTENCES

to enable you earn full marks.

QUESTION ONE

A COMPLET PARAGRAPH MUST HAVE 5-6 SENTENCES

to enable you earn full marks.

a) General Response (6 marks)

In three Paragraphs, critically analyze the philosophical, theological, and ethical assumptions that justify or challenge the inclusion of spirituality and religion in therapeutic practice. In your answer, evaluate which assumptions offer the strongest foundation for clinical integration and explain why.

b) Integration with Spiritualities (4 marks)

In two complete paragraphs, assess how these assumptions shape the ways counsellors might work with diverse spiritual traditions in a culturally sensitive manner. Illustrate your response with one spiritually-grounded example.

c) In two paragraphs, compare and contrast at least two assessment models and *justify* their clinical usefulness (4 Marks).

d) In two paragraphs, develop a spiritually sensitive plan that fosters healing without imposing any belief system. (6 Marks).

**ANSWER ANY TWO QUESTIONS FROM THIS SECTION – A PARAGRAPH
MUST HAVE AT 5-6 SENTENCES to enable you to earn full marks.**

QUESTION TWO

a) General Response (6 marks)

In three Paragraphs, evaluate major competency frameworks used for assessing personal, client, and family spiritual resources.

b) Integration with Spiritualities (4 marks)

In two paragraphs, analyze how a spiritually-informed assessment can be conducted ethically and respectfully with clients from different faith backgrounds. Provide short applied example for each paragraph above.

QUESTION THREE

a) General Response (6 marks)

In three paragraphs critique the use of implicit and explicit spiritual interventions across counselling and family therapy models (3 Marks) and *synthesize* principles for determining when each type of intervention is clinically appropriate (marks).

b) Integration with Spiritualities (4 marks)

Construct an example of a spiritually grounded intervention plan that ethically incorporates either implicit or explicit spiritual practices for a particular client or family.

QUESTION FOUR

a) General Response (6 marks)

In three paragraphs, Examine and integrate key concepts of forgiveness drawn from theological, psychological, and clinical research literature (three marks). *Assess* how these concepts contribute to a comprehensive understanding of the forgiveness process (3 marks).

b) Integration with Spiritualities (4 marks)

In two paragraphs, analyze how a specific spiritual tradition conceptualizes forgiveness, and *explain* how this understanding could influence therapeutic work with a client experiencing relational injury.

QUESTION FIVE

a) General Response (6 marks)

In three paragraphs, apply contemporary forgiveness theories and empirical research to a complex client scenario involving hurt or betrayal. *Justify* your selected approach using evidence-based reasoning.

b) Integration with Spiritualities (4 marks)

In two paragraphs, *evaluate* how spiritual beliefs might support or hinder the client's forgiveness journey presenting with infidelity.