



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY**

MAY-AUGUST 2018

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU3233

COURSE TITLE: GROUP COUNSELING

EXAM DATE: MONDAY 6TH AUGUST 2018

TIME: 2:00PM-4:00PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- **Answer Question 1 and Answer ANY other TWO Questions**
- *Write clearly and legibly.*
- *ALL PAC University's examination rules and regulations apply*

QUESTION 1: COMPULSORY

- A) Explain any two advantages of group counseling over individual counseling. (4mks).
- B) Briefly discuss any two characteristics of effective groups. (4mks).
- C) Differentiate between:
- i) Group dynamics and group content. (4mks).
 - ii) Open and closed group. (4mks).
- D) Opening a group session requires special skills. Discuss any **two** such skills. (5mks).
- F) Briefly discuss the following group facilitation skills.
- i. Circle (3mks).
 - ii. Drawing out (3mks).
 - iii. Focusing (3mks).

QUESTION 2

- i) Explain any three stages of group counseling according to Bruce or Corey. (6mks).
- ii) Explore the value of the round in group facilitation. (5mks).
- iii. Illustrate the main goal of group therapy. (4mks).

QUESTION 3

- i) Justify any three group leadership skills. (6mks).
- ii) Explore how co- facilitation impacts group process in a group counseling session. (5mks).
- iii) Discuss any two personal characteristics of the group leader that determine the direction the group takes during group counseling. (4mks).

QUESTION 4

- i) Explore any four of Yalom's therapeutic factors in group counseling. (8mks)
- ii) Explain any two psychological factors operating in groups during counseling sessions.(5mks).
- iii) Elaborate on the application of behavioral theories in group counseling. (2mks).

QUESTION 5

- i. Demonstrate how you would handle a chronic talker in a group counseling session. (4mks).
- ii. Relate the issue of self-disclosure to the novice/ beginning group leader. (6mks).
- iii. Discuss the ethical issue of rights of group members. (5mks).