



PAN AFRICA CHRISTIAN UNIVERSITY

MASTERS IN COUNSELING PSYCHOLOGY

END OF TERM EXAMINATION (JANUARY TO APRIL 2024)

DEPARTMENT: COUNSELING PSYCHOLOGY

COURSE CODE: MCP 601

COURSE TITLE: CAREER COUNSELING

EXAM DATE: APRIL 2025

TIME: THREE (3) HOURS

INSTRUCTIONS

- **Read all questions carefully before attempting.**
- **Question ONE in SECTION ONE is Compulsory.**
- **Answer any other TWO questions in SECTION TWO from the choices provided.**

SECTION ONE - COMPULSORY QUESTION - 20 Marks)

QUESTION 1

Monica, a 34-year-old marketing professional, has been working in corporate advertising for the past 8 years. Initially she had a short stint in teaching. Recently, she has started feeling dissatisfied with her job, experiencing burnout, and questioning whether she is in the right career. She has always been passionate about teaching and mentoring young professionals in a Christian based institution, but is unsure whether a career change at this stage is feasible. Additionally, financial stability is a major concern, as she has a mortgage and student loan debt.

Monica seeks career counseling to explore her options and determine whether transitioning into a teaching and mentorship role is the right path for her.

- a. Describe two approaches in which self-awareness may influence Monica's career decision-making. **(4 Marks)**
- b. Discuss two aspects that may make religious beliefs influence Monica's career decision. **(4 Marks)**
- c. Explore any three career development theories that can be applied to Monica's situation **(6 Marks)**
- d. Analyze three ways that career counseling can help Monica overcome the challenges that she might face in making a career change. **(6 Marks)**

SECTION TWO: ANSWER ANY TWO QUESTIONS FROM THE CHOICES PROVIDED - (20 Marks)

QUESTION 2

- a. Evaluate two strategies that a career counselor can use to help a person to successfully explore job opportunities. **(4 marks)**
- b. Examine three considerations that make lifelong learning important in career development. **(6 marks)**

QUESTION 3

- a. Articulate two ways in which career counseling can promote entrepreneurship and self-employment. **(4 marks)**
- b. Explain three ways how impact of globalization on career counseling. **(6 marks)**

QUESTION 4

- a. Assess the role of career assessments in career counseling. Provide examples of common assessments used. **(4 marks)**
- b. Discuss three ethical considerations in career counseling. **(6 marks)**

QUESTION 5

- a. Illustrate in two ways how technology has impacted career counseling. **(4 marks)**
- b. Explain three aspects that make career counseling support work-life balance and job satisfaction. **(6 marks)**