



**PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE CERTIFICATE IN COUNSELING
PSYCHOLOGY**

**SEPTEMBER - DECEMBER 2021 SEMESTER
COURSE CODE: COU4323
COURSE TITLE: PREMARITAL COUNSELLING
DATE: 16 DECEMBER 2021
DURATION: 3 HOURS
TIME: 11.15AM**

INSTRUCTIONS:

- Read the instructions and questions carefully before you write the answers.
- This Exam has TWO SECTIONS.
- **SECTION A** is Compulsory.
- Answer any **TWO** questions in **SECTION B**

SECTION A : COMPULSORY (20 MARKS)

QUESTION ONE

a) Study the case below and answer the following questions

Thomas has begun dating Damaris who he met at the university where both were students. They have been getting along well for the last two years with occasional blow ups where they have not found a framework that would help them find constructive solutions to problems and disagreements. Thomas is 34 years while Damaris is 45 years. Thomas and Damaris are willing to enter into marriage when Damaris finishes her PhD in a years' time.

During their dating, Damaris expresses her fear of not bearing children due to her age but proposed adopting children which Thomas has no objection to. Damaris claims to be a virgin and has not had any sexual contacts. Thomas on the other hand has had sex three times with different sexual partners without sexual protection. Thomas feels guilty for not being faithful to Damaris and he decided to disclose this. Damaris responded with anger about the sexual affairs but Thomas asked for forgiveness. Thomas shared his intention to marry Damaris with his parents who objected the idea due to their age difference and the incident of child adoption.

Thomas and Damaris have decided to seek pre-marital counseling and have chosen you as their therapist.

- i) Explain the meaning of marriage from a Trinitarian Christian perspective to Thomas and Damaris. (2 Marks).
 - ii) Highlight one factor that influenced Thomas and Damaris in their mate selection. (2 Marks)
 - iii) Analyze any two ways that a pre-marital counselor would use to help Thomas and Damaris define their marriage vision to their in laws who seem to interfere and manipulate them. (4 marks)
 - iv) Describe two reasons that could lead to marriage failure between Thomas and Damaris. (4 marks)
- b) Explain any two common elements of God's covenants that parallel the marriage covenant (4 Marks)
- c) Discuss two benefits how this premarital course has imparted you. (4 Marks)

SECTION B : ANSWER ANY TWO (2) QUESTIONS FROM THIS SECTION

QUESTION TWO

- a) Explain one difference between men and women in the way they gather and utilize information. (2 Marks)
- b) Illustrate any two unrealistic expectations of marriage. (4 Marks)
- c) Discuss any two areas which you think forgiveness is wrongly defined in marriage relationships. (4 Marks)

QUESTION THREE

- a) Discuss any one goal of pre-marital counseling. (2 Marks)
- b) Explain the following mate selection theories:
 - i) Filter theory. (2 marks)
 - ii) Stimulus, role and value theory. (2 marks)
- c) Demonstrate any two types of negative interactions that can ruin a marriage. (4 Marks)

QUESTION FOUR

- a) Explain one character trait that forms our personality. (2 Marks)
- b) Analyze any two reasons why pre-marital counseling:
 - i) Treatment. (4 Marks)
 - ii) Preventive strategy. (4 Marks)

QUESTION FIVE

- a) Explain one way that a couple intending to get married would put Christ the center of their marriage. (2 Marks)

- b) Analyze any two gridlock perpetual problems that could be detrimental to a marital relationship. (4 Marks)
- c) Explain any two psychological causes of sexual dysfunction that could affect couples who are intending to get married. (4 Marks)