



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS INCOUNSELLING PSYCHOLOGY**

MAY – AUGUST 2018

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU3223

COURSE TITLE: ALCOHOL AND SUBSTANCE ABUSE

EXAM DATE: FRIDAY 10TH AUGUST 2018

TIME: 5:30PM-8:30PM

INSTRUCTIONS

- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- **Answer QUESTION ONE and ANY OTHER TWO questions**
- *ALL PAC University's examination rules and regulations apply*

QUESTION ONE: COMPULSORY

- a) Explain the meaning of the term chemical dependency (2 marks).
- b) Discuss any four theories of alcohol use (8 marks).
- c) Discuss three categories of people who are at the greatest risk of being harmed by second hand smoke (6 marks).
- d) Discuss any four short term effects of smoking marijuana (bhang) (8 marks).
- e) Explain any three withdrawal symptoms associated with heroin use (6 marks).

QUESTION TWO

- a) Explain what is meant by second-hand smoke? (4 marks).
- b) Discuss three measures you would take to prevent members of your household from second hand smoke (6 marks)
- c) Identify five ways in which smoking affects a baby growing in the mother's womb (5 marks).

QUESTION THREE

- a) Mention three types of prescription drugs commonly abused (3 marks)
- b) A client is referred to you for counselling. He says he has been using prescription painkillers to ease cravings. Explain signs you would look for (6 marks)
- c) Explain any three defence mechanisms employed by persons with alcohol and substance problem (6 marks).

QUESTION FOUR

- a) Discuss any two goals of treatment in drug and substance abuse (4 marks)
- b) Describe any three treatment modes in dealing with substance abuse and dependence (6 marks)
- c) Discuss any five causes of relapse in the treatment of substance abuse (5 marks)

QUESTION FIVE

- a) Explain what is meant by the term indicated prevention in drugs and substance prevention (3 marks)
- b) Briefly explain any three steps of the decision-making model in alcohol and substance use treatment (6 marks)
- c) Discuss any three components of the social-influence model in drugs and substance prevention in schools. (6 marks)