



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY**

JANUARY – APRIL 2018 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU4333

COURSE TITLE: HUMAN SEXUALITY

EXAM DATE: MONDAY 9TH APRIL 2018

TIME: 5:30PM-7:30PM

INSTRUCTIONS

- This examination script consists of **Five (5)** questions.
- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- Answer **Question ONE** and any other **TWO** questions
- Question **one** carries **30** marks
- Question 2-5 carry **15** marks each

QUESTION ONE: COMPULSORY

- a. Distinguish between the following:
 - i. Love and infatuation (4mks)
 - ii. Vasocongestion and neuromuscular tension during sexual intimacy. (4mks)
- b. Discuss Sternberg's Triangular Theory of Love (6mks)
- c. Differentiate between repeated sexual traumas in:
 - i. Children (3mks)
 - ii. Adults. (3mks)
- d. Briefly discuss TWO functions of sex apart from pleasure and reproduction. (3mks)
- e. Relate the impact of menopause to:
 - i. Sex (2mks).
 - ii. Sexuality (2mks).
- f. Discuss the theological view of:
 - i. Sex (3mks).
 - ii. Sexuality (3mks).

QUESTION TWO

Nyakang'a, a twenty six year old communication expert was in her sixth counseling session when she disclosed to the therapist her sex life back in her campus days, in one of the Kenyan universities. Nyakang'a loved and dated a senior student who she thought was also in love with her. She then discovered he was involved with a string of other girls and was heartbroken and bitter. She compensated by finding solace in casual sex. She used sex to prove that she was in charge of her heart, built a wall around her emotions and used sex as a weapon. She had sex to control men, plotted and planned for her prey and perfected her skills in bed. She never dated again until a year before she went to see the therapist. She explained that despite the great relationship she enjoyed with her fiancé, their sexual life was a disaster. She was completely unresponsive to him and would perfectly fake a normal sexual encounter with the aid of lubricants. It was breaking her heart and she was seeking a remedy.

Questions

- a. Justify ONE sexual dysfunction that Nyakang'a could be suffering from. (3mks).
- b. Discuss any TWO therapeutic interventions applicable to Nyakang'a's issues. (8mks).
- c. Using the above case study, briefly explain the statement that *sexuality is complex and multifaceted*. (4mks).

QUESTION THREE

- (a) Explain the male sexual response cycle according to Masters and Johnson. (6mks).
- (b) Distinguish between impotence and infertility. (5mks)
- (c) Discuss any TWO male intimacy fears. (4mks)

QUESTION FOUR

- a) Distinguish between sexual gender identity disorders and sexual orientations. (4mks)
- b) Identify any three erogenous zones common to both men and women. (3mks)
- c) Discuss any TWO sexual dysfunctions in men. (4mks)
- d) Using examples, briefly discuss any TWO paraphilias. (4mks).

QUESTION FIVE

- a). Discuss the importance of self-awareness in sexuality counseling. (4mks)
- b).Discuss any THREE modern sex myths. (6mks)
- c). Elaborate on the relationship between attachment injuries and a couple's ability to experience satisfactory sex life. (5mks)