



PAN AFRICA CHRISTIAN UNIVERSITY

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELING**

MAY-JULY 2017

CAMPUS: VALLEY ROAD

DEPARTMENT: COUNSELING PSYCHOLOGY

COURSE CODE: COU3213

COURSE TITLE: INTRODUCTION TO MFT

EXAM DATE: FRIDAY, 28TH JULY 2017

TIME: 5:30-8:30PM

INSTRUCTIONS

- Read all questions carefully before attempting.
- Write your student number on the answer booklet provided.
- Answer QUESTION ONE and any other TWO Questions

SECTION A – ANSWER ALL QUESTIONS (30 MARKS)

QUESTION ONE

- a) Define the following terms: (8marks)
- i) Identified patient
 - ii) Locus of pathology
 - iii) Family homeostasis
 - iv) Subsystem boundaries
- b) Therapists who make the paradigm shift can then differentiate between linear causality and circular causality in the formation of family problems. With illustrations elaborate, linear and circular causality. (6marks)
- c) Discuss the four major differences between systems theory and the individual theory. (8marks)
- d) Family systems theory is helpful to the therapist in professional practice. Support this statement. (8marks)

SECTION B: ANSWER ANY TWO QUESTIONS (30 MARKS)

QUESTION TWO

- a) Describe the characteristics of healthy and dysfunctional families. (9marks)
- b) Identify the key characteristics of effective communication. (6marks)

QUESTION THREE

- a) The concept of family life cycle development is helpful family therapy. Justify this statement. (6marks)
- b) Illustrate with examples the specific developmental tasks accomplished at each stage of the family. (9marks)

QUESTION FOUR

Mrs. Sakuda has contacted you a family systems therapist because of problems she and her husband are having with their son who has been getting into trouble at school and has not been doing his homework.

- a) Determine the best way to approach the problem using Bowen's family systems theory. (9marks)
- b) Elaborate the major steps the structural family therapists would use to help the family change. (6marks)

QUESTION FIVE

- a) Discuss how the circumflex model can be used in understanding family functioning. (9marks)
- b) Successful termination to therapy is crucial. Support this statement. (6marks)