



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

END OF SEMESTER EXAMINATION FOR THE DEGREE OF

**DOCTOR OF PHILOSOPHY IN MARRIAGE & FAMILY
THERAPY**

MAY-AUGUST 2019

CAMPUS: ROYSAMBU

DEPARTMENT: COUNSELLING PSYCHOLOGY

COURSE CODE: PMFT713

COURSE TITLE: ADVANCED THEORY IN MFT

EXAM DATE: WEDNESDAY 14th AUGUST 2019

DURATION: 3 HOURS

TIME: 5:30PM-8:30PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- *Write clearly and legibly.*
- Answer **Question ONE** and any other **THREE** questions
- *ALL PAC University's examination rules and regulations apply*

QUESTION ONE: COMPULSORY

- a) Discuss any four ways in which religious beliefs may harm clients. (8 marks)
- b) Evaluate why it is important for MFT therapists to address the spiritual dimension in therapy. (5 marks)
- c) Explain any four ways why it is necessary for MFT therapists to confront class biases and prejudices in therapy (8 marks)
- d) Explain any three reasons why models of therapy need to be responsive to the needs and beliefs of different cultural groups. (9 marks)
- e) Discuss any five cultural issues that MFT therapists need to consider as they counsel Kenyan Immigrants. (10 marks)

QUESTION TWO

- a) Distinguish gender roles from sex roles. (4 marks)
- b) Illustrate with four examples how unrecognized gender inequalities can contribute to family problems. (8 marks)
- c) Would you choose a male /female therapist for personal therapy? Give four reasons for your answer. (8 marks)

QUESTION THREE

- a) Explain any three ways in which a client's Spiritual History is useful in therapy. (6 marks)
- b) Using three examples, illustrate how clients can use past, current/potential spiritual resources to ease distress, heal suffering and strengthen resilience. (6 marks)
- c) Discuss any four ways in which Spiritual and Religious interventions may be contraindicated in Marriage and Family therapy. (8 marks)

QUESTION FOUR

- a) Explain the importance of racial sensitivity by MFT therapists. (6 marks)
- b) Discuss any three steps in becoming racially sensitive for MFT therapists. (6 marks)
- c) Explain any four areas that an MFT therapist needs to search themselves in while conducting therapy with a client of a different race. (8 marks)

QUESTION FIVE

The case of Michael

Michael came to see James because, says James "he had never cried" he had never been able to express his emotions and he felt isolated and cut off from his own family. As a child, Michael had been taught both at home and school that any show of gentleness was unmanly and would be met with harsh punishment and brutal public humiliation.

- a) Discuss any two destructive cultural assumptions from the case of Michael (4 marks)
- b) As an MFT therapist, explain how you would deconstruct such cultural assumptions in therapy (4 marks)
- c) Discuss any three therapeutic techniques of the Narrative theory that work best with Kenyan /African Clients (6 marks)

d) Discuss any three ways in which social interactions from a post- modern perspective with non-family members can lead to family dysfunctions. (6 marks)