

031305T4PSY

COUNSELLING PSYCHOLOGY LEVEL 5

PSY/OS/CO/CR/01/5

Assess the Client

July/August 2025



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

PRACTICAL ASSESSMENT

INSTRUCTIONS TO CANDIDATE

1. You have **ONE** hour to perform all the tasks.
2. You are required to carry out the following practical tasks:
 - TASK 1:** Prepare the assessment venue
 - TASK 2:** Assess the Client
 - TASK 3:** Evaluate Client Assessment
 - TASK 4:** Terminate Client Assessment.
3. You are provided with the following resources for the tasks:
 - a. Well ventilated room with a working wall clock
 - b. Three similar chairs
 - c. Small size table
 - d. Drinking water and 3 cups
 - e. Waste Bin
 - f. Soft Tissues
 - g. Stationery i.e. Biro and notebook/foolscaps.
 - h. **Assessment tools:**
 - ✓ Trauma History Questionnaire (THQ)
 - ✓ PTSD Checklist for DSM-5 (PCL-5)
 - ✓ Beck Depression Inventory-II (BDI-II)

✓ Rosenberg Self-Esteem Scale

i. Counselling Forms I.e. Intake form, referral form, consent form